



American Fidelity Assurance Company



Health FSA Worksheet

Use this Health FSA Worksheet to help determine how many pre-tax dollars you should set aside from each paycheck.

Learn more about how to get your money faster through direct deposit, online claim submission, and our mobile app, AFA Mobile™



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Flexible Spending Accounts

Is your paycheck saving you money?

Experience a way to save money and pay for eligible medical or dependent day care expenses with a Flexible Spending Account (FSA). FSAs allow you to deduct [pre-tax dollars](#) from your paycheck and use them toward expenses such as co-pays, medical deductibles, and dependent day care costs. By participating in a FSA, you have the opportunity to reduce your tax and increase your spendable income.

Features include:

- Mobile app and online submission of flex claims;
- Secure online access to FSA account balance, deposits, and payment information
- Daily processing of claims; and
- Health FSA Card

For more information about this important benefit, contact your local American Fidelity account manager.



Our Family, Dedicated To Yours.®