



**MINUTES OF THE COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
SPECIAL MEETING
MARCH 23, 2021**

The Community Health and Senior Services Commission of the Town of Los Gatos conducted a Special Meeting on Tuesday, March 23, 2021, at 5:06 p.m.

MEETING CALLED TO ORDER

ROLL CALL

Present: Commissioner Blum, Commissioner Rossmann, Commissioner Norcia, Youth Commissioner Mathur, Commissioner Rahmil, and Commissioner Konrad

Absent: None

Also Present: Vice Mayor Rennie and Liaison Andrews

COMMISSIONER REPORTS

Commissioner Blum discussed upcoming presentations to community based organizations and expected presentation materials. Vice Mayor Rennie suggested presenting to the morning Rotary also. Commissioner Rahmil informed the Commission that she reached out to JCC and Shir Hadash about receiving presentations. Commissioner Norcia suggested presenting to the online Rotary clubs.

CONSENT ITEMS (TO BE ACTED UPON BY A SINGLE MOTION)

1. Approve Community and Senior Services Commission Minutes of March 16, 2021

MOTION: Motion by Commissioner Norcia to approve the minutes of March 16, 2021. **Seconded** by Commissioner Blum

VOTE: Motion passed unanimously.

VERBAL COMMUNICATIONS *(Members of the public may address the Community Health and Senior Services Commission on any matter that is not listed on the agenda. Unless additional time is authorized by the Community and Senior Services Commission, remarks shall be limited to three minutes.)*

Catherine Summers provided positive comments about LGS Rec and acknowledged the difficult financial impacts COVID has had on their business. Ms. Summers also mentioned that most senior centers are highly subsidized in other communities.

OTHER BUSINESS *(Up to three minutes may be allotted to each speaker on any of the following items.)*

2. Discussion of Town Council FY 2021/23 Strategic Priorities, CHSSC Goals for FY 2020/21, and Identification of Senior Service Gaps
 - a. Presentation by LGS Rec

Trinh Nguyen of the 55 Plus program provided a presentation of the 55 Plus program. The presentation included a history of membership and the impacts on membership due to COVID. Current membership is 83 but adult programs includes another 3500 participants of varying ages. Mr. Nguyen stressed that LGS Rec's core function is as a recreation center and not a senior center. LGS Rec is a fee-based model where profitable programs offset free programs. The presentation reviewed the direct and indirect senior services required through the lease agreement with the Town. In addition, Mr. Nguyen explained additional offerings outside of the lease terms. Mr. Nguyen echoed Ms. Milinarich sentiment that the Town needs a central coordinator of service provision in Town. The Vice Mayor and Commissioners asked questions of the current business model.

- b. Presentation by Live Oak Senior Nutrition

Kathy Milinarich presented a brief overview of services provided by Live Oak. Ms. Milinarich identified the umbrella of services provided which includes Live Oak Senior Nutrition, Live Oak Senior Daycare, and food delivery in the Parr area. Live Oak went from 32 clients pre pandemic to about 60 clients walk-in and 30 client's delivery post pandemic and 30. Ms. Milinarich described how they developed a volunteer base to partner with each senior in their database to initiate contact with every registered participant. Ms. Milinarich stressed that the preferred medium of seniors is a traditional paper magazine or newspaper. The 50 to 60 year old demographic is technology proficient but older than that less so. Ms. Milinarich also stressed that the Town needs some form of coordinator to guide all the disparate service providers in Town.

- c. CHSSC Workplan and Staff Report
 - i. Attachment 3a – Work Plan
 - ii. Attachment 3b – Age-Friendly Survey Results 2017

Commissioners discussed availability of meeting every two weeks. Commissioners decided to initiate the two-week cycle with the expectation that some Commissioners may not be able to

attend. Liaison Andrews explained the draft work plan and anticipated deliverables leading up to a Council presentation on June 15th.

Chair Rossmann provided a summary of several past and present senior oriented surveys. Chair Rossmann discussed the difference in needs/gaps in service provision as evidenced in the surveys. In addition to the 2017 age-friendly survey Chair Rossmann discussed the 2020 Sourcewise COVID Impact Survey. Chair Rossmann described gaps in service identified in the surveys as falling into the following categories: services missing, inadequate services, provider inadequacies, inability to scale service provision, insufficient funding to scale, inadequate access for service recipients.

Chair Rossmann shared that providers identified the following primary service provision issues from their perspective: access to transportation, help finding housing, caregiver support, counseling and care management, financial and fraud support, and in-home healthcare. Chair Rossmann cautioned that the different perspectives between providers, recipients, and caregivers may all require different/fluid approaches and it will be important to think beyond current COVID impacts. Chair Rossmann also stressed the importance of a coordinated communication strategy for senior services in Town.

- d. CHSSC Goals for FY 2020/21
- 3. Staff Liaison Report
 - a. Updates from CHSSC partners
 - b. Update from staff liaison

ADJOURNMENT

The meeting adjourned at 6:33 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the March 23, 2021 meeting as approved by the Community Health and Senior Services Commission.

/s/Arn Andrews, Assistant Town Manager