



**TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
REGULAR MEETING
OCTOBER 26, 2023
110 EAST MAIN STREET
TOWN COUNCIL CHAMBERS
5:00 P.M.**

*Jeffrey P. Blum, Chair
Eleanor Yick, Vice Chair
Dick Konrad, Commissioner
George Rossmann, Commissioner
Pradeep Khanal, Commissioner
Lydia Norcia, Commissioner
Lincoln Withrow, Youth Commissioner
Mary Badame, Council Liaison*

IMPORTANT NOTICE

This meeting will be held in-person at the Town Council Chambers, 110 East Main Street, Los Gatos CA 95030.

PARTICIPATION IN THE PUBLIC PROCESS

The Town of Los Gatos strongly encourages your active participation in the public process, which is the cornerstone of democracy. If you are interested in providing oral comments during the meeting, you must attend in-person and complete a "speaker's card" and return it to the staff. If you wish to speak to an item on the agenda, please list the item number. The time allocated to speakers may change to better facilitate the Commission meeting. You are welcome to submit written comments via email to Clerk@losgatosca.com.

Public Comment During the Meeting:

- When called to speak, please limit your comments to three (3) minutes, or such other time as the Chair may decide, consistent with the time limit for speakers at a Town meeting.
- Speakers at public meetings will be asked to provide their full name and to state whether they are a resident of the Town of Los Gatos. This information is optional and not required.

Deadlines for Public Comment and Presentations are as follows:

- If you are unable to participate in person, you may email Clerk@losgatosca.com with the subject line "Public Comment Item #_" (insert the item number relevant to your comment). Persons wishing to submit written comments to be included in the materials provided to Commission must provide the comments as follows:
 - For inclusion in an Addendum: by 11:00 a.m. the Tuesday or Wednesday before the Commission meeting
 - For inclusion in a Desk Item: by 11:00 a.m. on the day of the Commission Meeting
- Persons wishing to make an audio/visual presentation on any agenda item must submit the presentation electronically, either in person or via email to Clerk@losgatosca.gov, to the by 12:00 p.m. the day of the meeting.

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REGULAR MEETING
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TOWN COUNCIL CHAMBERS
5:00 P.M.**

MEETING CALLED TO ORDER

ROLL CALL

INTRODUCTION OF NEW YOUTH COMMISSIONER/S

STAFF LIAISON REPORT

COMMISSIONER REPORTS

CONSENT ITEMS (TO BE ACTED UPON BY A SINGLE MOTION)

1. Approve the Minutes of the August 22, 2023 CHSSC Special Meeting

VERBAL COMMUNICATIONS *(Members of the public are welcome to address the Community Health and Senior Services Commission on any matter that is not listed on the agenda. To ensure all agenda items are heard and unless additional time is authorized by the Chair, this portion of the agenda is limited to 30 minutes and no more than three (3) minutes per speaker. In the event additional speakers were not able to be heard during the initial Verbal Communications portion of the agenda, an additional Verbal Communications will be opened prior to adjournment.)*

OTHER BUSINESS *(Up to three minutes may be allotted to each speaker on any of the following items.)*

2. Resolve Meeting Date Issues Related to the November and December Regular Meetings Conflicting with Town Holiday Closures
3. Appoint a Liaison to the Friends of the Los Gatos Older Adults 501(c)(3) Organization
4. Receive Reports from CHSSC Brochure Task Force
5. Receive Reports from the Senior Road Map Task Forces Regarding Progress on Senior Road Map Goals
6. Discuss Status of the Senior Road Map First Annual Report for Council and Decide if the Target Date Will Be in May of 2024 or August of 2024

ADJOURNMENT

IN COMPLIANCE WITH THE AMERICANS WITH DISABILITIES ACT, IF YOU NEED SPECIAL ASSISTANCE TO PARTICIPATE IN THIS MEETING, PLEASE CONTACT THE CLERK DEPARTMENT AT (408) 354-6834. NOTIFICATION 48 HOURS BEFORE THE MEETING WILL ENABLE THE TOWN TO MAKE REASONABLE ARRANGEMENTS TO ENSURE ACCESSIBILITY TO THIS MEETING [28 CFR §35.102-35.104]



DRAFT
Minutes of the Community Health and Senior Services Special Meeting
August 22, 2023

The Community Health and Senior Services Commission conducted a special meeting in person on Tuesday, August 22, 2023, at 3:00 p.m.

MEETING CALLED TO ORDER 3:00 P.M.

ROLL CALL

Present: Chair Blum, Vice Chair Yick, Commissioner Khanal Commissioner Konrad, Commissioner Rossmann. Council Liaison Badame entered the meeting at 3:15 p.m.

Absent: Commissioner Norcia

Staff Present: Assistant Town Manager Nomura and Library Director Baker

INTRODUCTION OF ASSISTANT TOWN MANAGER

Assistant Town Manager Nomura introduced herself to the Commission and reported that she will be the future liaison to the CHSSC.

STAFF LIAISON REPORT

Director Baker gave an update regarding next steps for the temporary upgrades to the Community Center as approved by Council, and gave an update on Community Grants.

COMMISSIONER REPORTS

- Commissioner Konrad reported that he met with Jewish Family Services, SourceWise, Live Oak Nutrition, and Councilmembers Hudes and Ristow; and that he attended task force meetings, the 55+ picnic, a First Friday event, and a Council meeting.
- Vice Chair Yick reported attending task force meetings, a Senior Luncheon, a First Friday event, a Rotary Luncheon, and a Jazz on the Plazz concert; and met with the Town Manager, Assistant Town Manager, and Library Director; and worked on volunteer information for the Hub.
- Commissioner Khanal reported attending a Transportation Commission meeting, a ribbon cutting for Live Oak Adult Day Care, a Music the Park concert, and a presentation of the Lift & Go app; and worked as a rater for the Community Grant process.
- Chair Blum reported that he met with Councilmember Hudes and attended the 55+ picnic, a First Friday event, a KCAT piano recital, a Democracy Tent meeting, a ceremony for a

SUBJECT: Draft Minutes of the Community Health and Senior Services Commission
Meeting of August 22, 2023

DATE: October 26, 2023

donation to LGSRec, and task force meetings; and worked on agenda Item 3, wrote an article for a newspaper, and worked on a flyer.

- Commissioner Rossmann indicated that he will provide a written report.

CONSENT ITEM

1. Approve Community and Senior Services Commission Meeting Minutes of June 27, 2023.

No Public Comment

MOTION: Motion by Vice Chair Yick to approve consent item 1 with the changes mentioned.
Seconded by Commissioner Rossmann.

VOTE: Motion passed 5-0

VERBAL COMMUNICATIONS

Opened public comment.

Lee Fagot mentioned the temporary remodel of the Community Center, and suggested that the CHSSC hold meetings at that location.

Closed public comments.

OTHER BUSINESS

2. Adopt a New Time and Place Resolution for Future Regular CHSSC Meetings

MOTION: Motion by Commissioner Konrad to adopt a resolution setting the fourth Thursday of each month at 5:00 p.m. in the Town Council Chambers as the new place and time for regular CHSSC meetings, and to consider conducting a special meeting at LGSRec.
Seconded by Commissioner Blum.

VOTE: Motion passed 5-0

3. This item was removed from the amended agenda to be agendized for a future meeting.

4. Review Promotional Brochures for Senior Services

The commission discussed brochures and flyers.

Open public comment

Lee Fagot suggested locations where brochures could be distributed.

SUBJECT: Draft Minutes of the Community Health and Senior Services Commission
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Closed public comment.

MOTION: Motion by Vice Chair Yick to develop a brochure to promote the CHSSC goals and mission. **Seconded by Commissioner Konrad.**

VOTE: Motion passed 5-0

Chair Blum appointed Vice Chair Yick and Commissioner Konrad to a Task Force to develop the brochure.

Vice Chair Yick introduced the new 55+ cardstock flyers.

5. Reports from Senior Road Map Task Forces Regarding Progress on Senior Road Map Goals

Vice Chair Yick gave updates pertaining to Goal 2 and Goal 4.

Commissioner Konrad gave updates pertaining to Goal 3.

Commissioner Rossmann gave updates pertaining to Goal 7.

Opened public comments.

Lisa Lienoci mentioned omissions in the CHSSC's draft report as they pertain to Live Oak Adult Day Services.

Closed public comments.

6. Discussion of Senior Road Map Implementation Draft Report Format

The Commission discussed pros and cons of having a working draft report at each regular meeting.

Open public comment.

No one spoke.

Close public comment.

ADJOURNMENT

The meeting adjourned at 4:32 p.m.

Respectfully Submitted:

Ryan Baker, Library Director



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMITTEE REPORT

MEETING DATE: 10/26/2023

ITEM NO: 2

DATE: October 23, 2023
TO: Community Health and Senior Services Committee
FROM: Ryan Baker, Library Director
SUBJECT: Resolve Meeting Date Issues Related to the November and December Regular Meetings Conflicting with Town Holiday Closures

RECOMMENDATIONS:

Resolve meeting date issues related to the November and December regular meetings conflicting with Town holiday closures.

BACKGROUND:

In August of 2023 the CHSSC adopted the fourth Thursday of each month at 5:00 p.m. as the time and date for their regular meetings. In November, this date falls on Thanksgiving day. In December, this meeting falls during the Town's holiday closure period. In both cases, neither Town staff nor Town meeting facilities will be available.

DISCUSSION:

The CHSSC should decide if they wish to either reschedule one or both meetings, or if they wish to cancel one or both meetings. Town Council Chambers availability and staff availability may impact alternate dates and will be confirmed during discussion. As of the writing of this report, the following alternative days are available for both staff and the Council Chambers:

November alternative days:
November 27th, 28th, 29th, or 30th

December alternative day:
December 18th

PREPARED BY: Ryan Baker
Library Director



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMITTEE REPORT

MEETING DATE: 10/26/2023

ITEM NO: 3

DATE: October 23, 2023
TO: Community Health and Senior Services Committee
FROM: Ryan Baker, Library Director
SUBJECT: Appoint a Liaison to the Friends of the Los Gatos Older Adults 501(c)(3) Organization

RECOMMENDATIONS:

Appoint a liaison to the Friends of the Los Gatos Older Adults 501(c)(3) organization.

BACKGROUND:

The Friends of the Los Gatos Older Adults is a 501(c)(3) organization is a newly formed non-profit corporation to promote programs and opportunities for older adults.

DISCUSSION:

The CHSSC may appoint one commissioner to act as an informational liaison to the Friends of the Los Gatos Older Adults. This liaison will attend meetings of the Board of the Friends of the Los Gatos Older Adults to give and receive informational reports as a communication link to the CHSSC. Other than in an informational capacity, the liaison would not participate in Friends of the Los Gatos Older Adults discussions or decision making. It is recommended that only one liaison be appointed in order to avoid potential conflict with the Brown Act.

PREPARED BY: Ryan Baker
Library Director



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMITTEE REPORT

MEETING DATE: 10/26/2023

ITEM NO: 4

DATE: October 23, 2023
TO: Community Health and Senior Services Committee
FROM: Ryan Baker, Library Director
SUBJECT: Receive Reports from the CHSSC Brochure Task Force

REMARKS:

Chair Blum appointed a Brochure Task Force at the August 2023 meeting of the CHSSC to create a brochure or flyer to promote the CHSSC. The task force may give an update on the project.

PREPARED BY: Ryan Baker
Library Director



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMITTEE REPORT

MEETING DATE: 10/26/2023

ITEM NO: 4

ADDENDUM

DATE: October 24, 2023
TO: Community Health and Senior Services Committee
FROM: Ryan Baker, Library Director
SUBJECT: Receive Reports from the CHSSC Brochure Task Force

REMARKS:

Attachment 1 contains the report form CHSSC brochure task force.

Attachments received with this Addendum:

1. Report form CHSSC brochure task force

PREPARED BY: Ryan Baker
Library Director

Oct. 2023

To: CHSSC Chair Jeff Blum
Fr: Eleanor Yick and Dick Konrad
Re: CHSSC brochure

Dick and I met to discuss content for the CHSSC brochure. The following areas were agreed upon but are open to discussion and feedback. The text will probably need to be edited to fit available space, which is basically 3 sides of the brochure.

1. Demographics of Los Gatos – emphasizing growing older adult population

(Include relevant information from the Community Survey)

2. Purpose of CHSSC (maybe reword???)

The function of the Commission shall be to serve in an advisory capacity to the Town Council regarding Town policies within its scope of expertise; specifically, on the human service needs of the community. With the prior approval of, and/or at the direction of, the Town Council or its delegate, the Commission shall receive public input, evaluate options, and make recommendations on policy issues including, but not limited to, the following:

- The relevant goals and objectives contained in the Human Service Element of the Town's General Plan; and
- The coordination of community services programs between the Town and other agencies, both public and private; and
- Emerging community needs, including demographic and economic trends.

The Commission shall make recommendations to Town Council concerning the Town's annual Community Grants Program.

3. Composition of CSSC

The Commission consists of seven (7) voting members:

- Six (6) adult members appointed by Council, whose terms of office are three (3) years
- One (1) Youth Commissioner, appointed by the Youth Commission, whose term of office shall be for one (1) year with no limitations on reappointments.

4. Meetings

The Commission meets monthly, except August and December, on the fourth Thursday in the Town Council Chamber. The current Staff Liaison is Ryan Baker, Library Director.

5. Current Area of Focus:

In early 2023, the Los Gatos Town Council endorsed a Senior Services Roadmap that established a long-term vision and plans for senior service provision in Los Gatos. The Roadmap

was developed by a Senior Services Committee through a year and a half long process of extension research and community outreach. Th Roadmap identified 7 goal areas.

The **Community Health and Senior Services Commission (CHSSC)** has been tasked with overseeing the implementation of the Senior Roadmap's 7 Goals:

- Appealing and Inviting Facility..
- Core Senior Services
- Communications and Engagement.
- Volunteer Support and Engagement.
- Enhanced Transportation Options for Older Adults.
- Senior Housing – Information on Approaches and Options.
- Integrated Governance, Funding, and Accountability for Senior Services.

5. How to Apply to serve on the CHSSC

The annual recruitment for adult members on Boards, Commissions and Committees (collectively "Commissions") generally opens in mid October. See <https://www.losgatosca.gov/385/Application-Process> for complete details.



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMITTEE REPORT

MEETING DATE: 10/26/2023

ITEM NO: 5

DATE: October 23, 2023
TO: Community Health and Senior Services Committee
FROM: Ryan Baker, Library Director
SUBJECT: Reports from Senior Road Map Task Forces Regarding Senior Road Map Goals

REMARKS:

Chair Blum has asked that the Senior Road Map Task Forces report out on their established goals, timelines, and steps taken in their work during the past month.

PREPARED BY: Ryan Baker
Library Director



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMITTEE REPORT

MEETING DATE: 10/26/2023

ITEM NO: 6

DATE: October 23, 2023
TO: Community Health and Senior Services Committee
FROM: Ryan Baker, Library Director
SUBJECT: Discuss Status of Senior Road Map First Annual Report for Council and Decide if the Target Date Will Be in May of 2024 or August of 2024

RECOMMENDATION:

Discuss status of Senior Road Map first annual report for Council and decide if the target date will be in May of 2024 or August of 2024.

BACKGROUND:

Council tasked the CHSSC was leading portions of the Senior Road Map implementation in February 2023. At the June 2023 meeting of the CHSSC, the Commission collectively decided that the start month for “year-one” milestones would commence and end with the Town’s fiscal year (July 1, 2023 through June 30, 2024) for the purpose of goalsetting and reporting. However, the June and July are difficult times to add items to Council agendas as meetings in June typically are impacted by Town budget discussion and Council typically takes a recess in July.

DISCUSSION:

To balance both scheduling conflicts and necessary time for the CHSSC to complete “year-one” work, the CHSSC should decide if they wish to bring their annual report to Council in May or August of 2024.

A draft version of an in-progress annual report is attached (Attachment 1) for discussion if desired at this time. The report is attached as presented by Chair Blum, but it should be noted that revisions will be necessary in several areas as the report moves forward.

ATTACHMENT:

1. Draft Senior Services Roadmap Annual Report 2023-24

PREPARED BY: Ryan Baker
Library Director

Draft Senior Services Roadmap for Los Gatos- Annual Report- 2023-24

A report by the Community Health & Senior Services Commission for the Town Council.

A. OVERVIEW

The Senior Services Committee was created by the Town Council on August 3, 2021, to study the needs of the older adult community in Los Gatos and to develop a Roadmap for Senior Services. Council Resolution 2012-035 provided the charter for the Senior Services Committee. After 15 months of work, on February 7, 2023, the Roadmap was presented by the Committee to the Town Council. At that time, the Town Council unanimously endorsed the Roadmap. On March 7, 2023, the Town Council voted to sunset the Senior Services Committee with the Community Health & Senior Services Commission to oversee implementation of the Roadmap.

The Roadmap identifies specific goals and projects intended to attain the goals over a one year, three year and ten year time span.

The goals are as follows:

- Goal 1 Appealing and Inviting Facility
- Goal 2. Core Senior Services
- Goal 3. Communications and Engagement
- Goal 4. Volunteer Support and Engagement
- Goal 5. Enhanced Transportation Options
- Goal 6. Senior Housing
- Goal 7. Integrated Governance, Funding, and Accountability

Roadmap Partners

- Older adults
- Home care providers
- Senior service providers
- Healthcare providers
- Legal professionals
- Law enforcement

- Workforce development
- Transportation providers
- Mental health providers
- Philanthropists
- Researchers
- Disaster and emergency teams

The accomplishments presented in this report represent the efforts of diverse departments and community collaborations. This report also highlights the Roadmap's strategic approach and the next steps towards reaching the vision for each of the seven priority areas.

B. YEAR ONE PROGRESS ON GOALS:

The following describes the progress made vis a vis the Roadmap Goals to date:

One major step in executing the Roadmap for delivering high quality services to older adults was to determine what services are currently being offered by existing service providers and assess their impact. A core group of service providers was chosen and interviewed to determine to what extent they are fulfilling the Roadmap goals. The providers chosen were:

1. Live Oak Nutrition
2. Live Oak Day Care
3. LGS Rec/55 plus
4. Jewish Family Services
5. SASCC
6. West Valley Community Services
7. KCAT

The goals currently being met by these service providers are summarized, as well as the needs that they perceive as appropriate to fill the service gaps that they have identified.

GOAL ONE: APPEALING AND INVITING FACILITY

A 501c3 has been created. It is "Friends of Los Gatos Older Adults." It envisions a town and community partnership. Its ultimate goal is to create a new community center. This non-profit foundation has a board of directors to provide community direction and oversight, and three advisory committees. These are Initiatives and Publicity, Fundraising, and Community Center. It has developed short term and

long term goals. The short term goals include creating a community center development fund, create space for service agencies office hours, engage regional and state policymakers, promote welcoming intergenerational programs, work with the community to identify needs and a vision for a world-class center, promote the vision of a welcoming world-class center, and make long-term renovation/building decisions.

Live Oak Senior Nutrition

Seeking a new facility to consolidate services.

Jewish and Family Services-Silicon Valley

Envisions a physical location where older adults can convene to participate in programs that will enhance their cognitive, emotional, physical and spiritual well-being.

GOAL TWO: CORE SENIOR SERVICES

The town council granted funds for a .2 FTE. This person is to coordinate with service providers to ensure older adults are getting the services they need.

Live Oak Senior Nutrition

Provides: Affordable lunchtime meals and supportive interaction, including tai chi, yoga, bingo, computer workouts, blood pressure tests, and speakers on senior topics. It provides hot lunches to seniors on Monday through Friday. Free food is distributed on Monday, Wednesday, and Friday. Serves 80-90 clients a day.

Advocates for extended services for seniors.

Solicits and uses volunteers.

Needs: More funding. Live Oak is projecting a budget shortfall. If possible, this shortfall needs to be addressed by the town council.

Expansion goal: More exercise and workshop programs.

Extend Second Harvest food donation program. Get a truck and hire a driver.

Get RYDE to transport 15-20 seniors

Expand marketing beyond word of mouth

Obtain more grants to pay for meals

Work with high schools to help with bullying during lunch time

Provide extended hours during extreme weather (need more staffing).

Physical space to consolidate senior services

Live Oak Day Care

Provides: 20 frail older adults with socialization and cognitive stimulation. It also assists client caregivers with respite and support services.

Needs: LODC markets primarily by word of mouth, although it also has a website and it receives referrals from other agencies. It needs to increase its client base in Los Gatos by more robust marketing.

KCAT

Provides: Social and educational services to older adults through the Producers Network.

Jewish and Family Services-Silicon Valley

Provides: JFS SV assists older adults with safely living at home as long as possible with dignity. This is done by care managers completing extensive assessments and client-directed care plans. A key component of this is home care.

Needs: JFS SV would like to fill the gap arising from older adults who do not qualify for Medi-Cal and in home supportive services but do not make enough to afford the high hourly cost of homecare. This requires additional funding.

West Valley Community Services

Provides: WVCS provides food, housing, and support services to low income and homeless individuals and families. The services provided include food markets (fixed and mobile), CARE (a safety net program for low income and unhoused clients (i.e., emergency funds for rent and utilities), support (Haven to Home (i.e., workshops, benefit clients, resource fairs, bus passes, laundry, counseling, and special events).

Needs: WVCS is projecting a loss of rental assistance extras and a cutback from Second Harvest Food Bank. Hence, it is projecting a need for more funding and other food providers. WVCS sees a need for a mobile crisis response team and a mental health facility in the west valley. WVCS has a few programs that, if at all possible, should be continued (assuming adequate funding is available). These are

The Tenant Based Rental Agreement and budget workshops and digital inclusivity training. WVCS hopes to participate in the awarding of \$100,000 (\$50,000 from Los Gatos and \$50,000 from the county) for homeless services and intends to reapply for a sustaining grant from Los Gatos.

GOAL THREE: COMMUNICATION AND ENGAGEMENT

Live Oak Day Care

Provides: LODC's most important deliverable is socialization and client engagement. It provides cognitive stimulation and assists client caregivers with respite and support services.

Needs: See summary for LODC under Goal Two.

KCAT

Provides: KCAT offers opportunities for older adults to participate with others, volunteer in meaningful and productive activities and engage in the community. For example, the Producers Network trains older adults in conducting interviews. It also has older adults assist with classes and activities such as Jazz on the Plazz and the annual Children's Christmas and Holidays parade.

KCAT publicizes senior services available in Los Gatos.

KCAT collaborates with other local organizations to promote community events and services. For example, it collaborates with the Rotary Clubs and other town service providers.

KCAT communicates and engages with older adults via email and their online newsletter-Zines.

Needs: KCAT has offered to help advertise and develop videos for the HUB. It should be requested to do this.

KCAT should be asked to continue to publicize and advertise senior services available in the town.

KCAT should be asked to continue to collaborate with local organizations to promote community events and services and asked to continue to publicize senior services available in the town.

KCAT should be asked to continue to help with promoting special social activities, promoting programs with an emphasis on multigenerational activities, and contributing to developing and training classes to enhance marketable skills.

Jewish and Family Services-Silicon Valley

Provides: JFS SV has a bi-monthly newsletter (“Staying Connected”) that is connected to a grant and partnership with El Camino Hospital. The newsletter reaches about 1,000 people.

Needs: JFS SV should increase community awareness of its older adult programming.

Develop more strategic partnerships with the community to optimize service deliver to the community.

Successful Aging Solutions and Community Consulting (SASCC)

Provides: SASCC provides the Outlook newspaper (which goes to approximately 18,000 households in Los Gatos) and runs a Health Fair. The Outlook includes numerous feature stories about Los Gatos, and lists Los Gatos public meetings and events occurring in Los Gatos. The health fair is focused on disseminating safety information and supportive resources and opportunities for education to residents.

Needs: n/a

GOAL FOUR: VOLUNTEER SUPPORT AND ENGAGEMENT

Live Oak Senior Nutrition

Provides: Live Oak meets goal four by providing exercise, games, and promoting multigenerational activity by using high school students as volunteers

KCAT

Provides: KCAT allows older adults to volunteer in a variety of capacities, including as media technicians, making podcasts, producing videos, and interviewing people.

Needs: KCAT has offered to assist with developing and coordinating volunteer opportunity exchanges (i.e., help establish a volunteer corp).

Jewish and Family Services-Silicon Valley

Provides: JFS SV has an extensive network of volunteers offering an array of supportive services ranging from basic transportation to knitting groups providing hand woven blankets and clothing. Their volunteers provide companionship as “Friendly Visitors.” JFS SV recruits, trains, and retains volunteers. They screen and train all volunteers.

Needs: Given its past experience with volunteer support and engagement, JFS SV should perhaps take the lead in creating and sustaining a community-wide volunteer corp.

GOAL FIVE: ENHANCEMENT TRANSPORTATION OPTIONS

Live Oak Senior Nutrition

Provides: Live Oak provides VTA bus pass and gas subsidies to clients

SASCC:

Provides: SASCC supports the RYDE program, which is a curb to curb transportation services for adults 65 plus in Los Gatos and other local communities. In fiscal year 2022-2023, there were 189 Los Gatos residents utilizing RYDE.

Needs: n/a

Jewish and Family Services-Silicon Valley

Provides: n/a

Needs: JFS SV is committed to being an integral part of the process in creating effective, affordable and sustainable transportation solutions for older adults in Silicon Valley. JFS SV should be asked to participate in this process.

GOAL SIX: SENIOR HOUSING

Jewish and Family Services-Silicon Valley

Provides: Susan Frazer, the CEO of JFS SV is on the Santa Clara County Long Term Supports and Services Committee where she participates in policy decision making on issues impacting older adults.

Needs: JFS SV should be requested to continue its involvement in the Long Term Supports and Services Committee and other leaders of service providers should be encouraged to also participate.

GOAL SEVEN: Integrated Governance, Funding and Accountability

Governance of senior services in Los Gatos:

The town council approved a .2 FTE for a Senior Service Coordinator.

A county grant of \$130,000 is to help fund programs at Live Oak and help fund a case manager to ensure that seniors get connected to the services they need, like food pantries or rental assistance.

CHSSC to review and recommend policies related to senior services, advocate for the needs of seniors in the community, and collaborate with other local government agencies, organizations, and stakeholders.

CHSSC envisions a .2 FTE case manager who would be a social worker or someone with similar qualifications, to work with LGS Rec. and its clients.

CHSSC also envisions a .2 FTE coordinator who would be charged with organizing and conducting meetings and bringing stakeholders together.

and Family Services-Silicon Valley

Provides: n/a

Needs: JFS SV has indicated it is willing to participate in policy development that supports older adults. Susan Frazer, the CEO, sits on the Silicon Valley Council of Non-Profits as the representative for older adults. The Center for Aging and Caregiver Services is part of JFS SV's strategic plan. They also have a finance team, leadership team, advisory committee, and board of directors. They should be requested to participate in assisting in integrating governance.

JFS SV also should be requested to assist with developing diversified funding for services and with accountability (as they occasionally create and utilize satisfaction surveys and regular audits to improve older adult services).

SASCC:

Provides: SASCC's efforts include community assessment surveys for older adults as well as proposals submitted in response to the town's allocation of ARPA funds, based upon the assessed level of need for older adults. The survey helped in

establishing a baseline and continuing understanding of the needs of older adults in Los Gatos.

Needs: n/a

Accountability:

CHSSC task force seven met with the above-mentioned service providers to determine whether they are implementing the Roadmap goals. The information provided above summarizes the investigative findings. The service providers were additionally asked to indicate what their annual goals were and how they have done in achieving those goals.

Here is KCAT's accountability summary:

More quality programming: New shows and podcasts are continually produced at KCAT by youth, teens, and adults ages 21-95.

The Producers Network (TPN): secured \$100,000, thanks to the Town of Los Gatos, representing the second half of pilot funding; KCAT now has 200 seniors involved in the program who are creating and producing original TV content, volunteering to support community events, managing the KCAT Photo Booth at events, organizing a lecture series, taking media classes, and attending intergenerational social events.

Camp: KCAT educated 202 kids over the summer at its multimedia camps; presented to the community the first Film Festival at the Los Gatos Theatre to showcase the work of campers and counselors.

Fund-Raising: raised \$102,000 in support of KCAT at the second annual Oktoberfest Los Gatos with 1,500 in attendance.

Partnerships: KCAT has been selected to be the digital media department at West Valley College. Plans include sports coverage, expansion of classes for The Producers Network, expansion of KCAT Multimedia youth camps on the college campus, involvement in creating curriculum and educational tracks for students and 55+, providing departmental marketing and promotions, etc.

Student engagement and college references: KCAT is engaging students to work at the organization, providing them with resume builders, income, skills, letters of recommendation, and opportunities to work as a team.

Town Meetings: KCAT integrated state-of-the-art equipment at the Town to boost the quality of TV and livestream broadcasts of government meetings.

Video Production: In addition to producing KCAT content, KCAT's producers, cinematographers and editors have been working on videos for outside organizations, businesses, schools, and community events.

Podcasts: Each year KCAT works with community members to start new and continue established series; podcasting continues to grow.

Road Map Accomplishment Highlights: In Fiscal Year 2022-23, accomplishments in the area of Health & Community Support helped to reduce the digital divide, leverage partnerships, promote physical and mental health, and provide equity-focused outreach.

Bringing senior services to the forefront through numerous articles in a local newspaper

Reduce digital divide: Navigator person hired to be in person at Los Gatos Library once a week, to help seniors navigate on line to locate services they need.

Putting the town's relationship with LGS Rec on a more stable and collaborative footing.

A 501c3 has been created for a new or repaired facility, Friends of Los Gatos Older Adults. Its vision is to make Los Gatos an age-friendly community where older adults are engaged, valued and provided equitable opportunities to thrive. It has a board of directors and three advisory committees (ie.; initiatives and publicity, fundraising, and community center. It has established short term and long term goals.

Application of ARPA and other funds (approximately \$1,000,000). These funds are for short-term improvements to the LGS Rec. facility and to establish a community center development fund.

Live Oak Older Adult program reopened in Los Gatos. This program recently restarted in Los Gatos after a period of absence from the town.

The town council granted funds for a .2 FTE. This person is to coordinate with service providers to ensure older adults are getting the services they need.

A \$1,000,000 grant received from the county is to be utilized over 4 years, will support and enhance older adult programs at LGS Rec.

A \$125,000 grant received from the county is intended to support Live Oak Adult Day Care and hiring of a case manager.

Next Steps:

World Health Organization and AARP network of age friendly communities

Dementia-Friendly America: Make available: Physician Guidelines for the Screening, Evaluation, and Management of Alzheimer's Disease and Related Dementias (Guidelines). Seek a roundtable for discussing Alzheimer's and Dementia. Brochures on Dementia-Friendly Tips and Elder Abuse Prevention

CHSSC welcomes and adopts the town's DEI goals and approaches.

Collaboration and Coordination:

Many of the priorities and goals within the Roadmap are informed and supported by community coalitions made up of older adult service providers, non-profit agencies, businesses, individual residents, and professionals.

Coordinate with the County and State via the development and implementation of the Master Plan for Aging (MPA). With "Five Bold Goals," the MPA serves as a multi-sector blueprint to prepare for the growing population of older adults across the state and create a California for all ages the implementation process.

The Five Bold Goals include: 1. Housing for All Ages & Stages 2. Health Reimagined 3. Inclusion & Equity, Not Isolation 4. Caregiving That Works 5. Affording Aging

West Valley Community Services collaboration?

Grants: Transportation

Housing: Home repair program, homelessness prevention and intervention, affordable housing

Engagement: intergenerational programs

Contact El Camino Hospital for possible grants to support healthy living for older adults.

DRAFT

October 22, 2023

To: CHSSC Chair Jeff Blum

Fr: Eleanor Yick & Dick Konrad

Re: Draft of Detailed Report on Goal Areas 2,3,& 4

COAL AREA 2: CORE SENIOR SERVICES	UPDATE AS OF OCTOBER 2023
<u>Goal 2. First Steps</u> -Negotiate an agreement for continuation of 55 Plus social, educational, and healthy living program. -Re-establish adult day care services. - Continue support of community essential core services by non-profits.	Completed Completed Support is provided by having CHSSC members serve as reps on some non-profits.
DETAILS ON EACH PROJECT:	
PROJECT S1 Support Continuation of Social, Educational, Healthy Living and Meal Services for Older Adults - Ensure continuation of senior adult recreation, social, educational and healthy living provided by the 55 Plus program. Q1/23 - Ensure continuation of the Live Oak Nutrition Program and funding to provide food security for older adults. Q1/23	The Town of Los Gatos has negotiated an agreement with the LGS Rec/55 Plus program to continue providing social, emotional, educational, and healthy living service. The LG Rec successfully obtained a one million dollar grant over 4 years to sustain the program through mid-2028. The Town also received \$125,000 in funding from the county to support a .2 case manager position & Adult Day Care Director Kathy Mlinarch has the program up and running. She is funded to serve approximately 53 seniors but is serving an average of 80 per day. There is a need for additional funding. See a full report on the program prepared by Dick Konrad and Kathy Mlinarch. .

<p>-Promote and enhance food security and healthy options for older adults, including supplemental food collection and distribution, local food bank services, etc. Q3/23</p> <p>PROJECT S2 Support Re-establishment of Adult Day Care Services</p> <p>- Promote establishment, support, and use of adult day care services in Los Gatos <u>Q3/23</u></p> <p>- Establish facilitated caregiver support programs for families and family caregivers. <u>Q2/24</u></p> <p>- Promote caregiver respite programs. Q4/26</p> <p>- Facilitate an expanded adult day care program with more space and a controlled-access outdoor area to provide services for future growth. <u>Q4/27</u></p> <p>PROJECT S3 Support Continuation of Other Core Services in Los Gatos by Community Organizations</p> <p>- Advocate for support of community nonprofits that provide services and assistance to older adults in Los Gatos (WVCS, SASCC, Next Door Domestic Violence, Jewish Family Services, House of Hope, local hospitals, etc.). <u>Q1/23</u></p>	<p>Donated food is collected 3 days a week from local stores (Safeway and Trader Joes) and distributed on Fridays. There is a need for a pick up truck and volunteer drivers.</p> <p>The LG Adult Daycare Program has reopened in a remodeled space on the Los Gatos Methodist Church. Campus. Under the direction of Director Lisa Leoni, the program is currently serving approximately 20 adults. There is a goal to expand to 30. See the full report on the program prepared by George Rossmann and Lisa Leoni.</p> <p>Provided through the Adult Daycare Program.</p> <p>Future planning.</p> <p>Future planning!!!</p> <p>Awareness of these services is provided thru The Outlook, the Print, the HUB, The Gatan, and postings in the 55 Plus program lobby. Access to HUB cards has been provided by placement of the HUB cards in 10+ locations throughout LG.</p>
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<ul style="list-style-type: none"> - Promote and advocate on behalf of services for older unhoused people and for those in danger of becoming unhoused. Q3/23 - Advocate for and seek to expand the availability of case management workers serving older adults in Los Gatos. <u>Q4/24</u> - Establish an ongoing mentor program to enlist local organizations and seniors with special skills to provide social, educational & healthy living enrichment courses. Q2/24 - Promote County fall prevention programs. <u>Q3/23</u> - Promote programs that provide information on personal safety devices, scam/fraud avoidance, and legal assistance. Q3/24 <p>PROJECT S4 Support CHSS Commission Objectives to Establish a West Valley Health Clinic with Mental Health Services</p> <ul style="list-style-type: none"> - Support the Community Health and Senior Services Commission efforts, as well as those by community groups and the County to establish a health clinic in the West Valley. <u>Q2/23</u> - Monitor and promote County initiatives and government grant opportunities to provide mental health services in the West Valley. - Promote establishment of a mental health task force in the West Valley. <u>Q4/23</u> 	<p>The Town of Los Gatos allocated \$100,000 to support services for older unhoused adults. This allocation supports weekly showers, free lunches, and temporary housing during extremely hot or cold weather.</p> <p>Dedicated funding is desired. The Town has received funding that could be used support such a position.</p> <p>Future planning; need for a coordinator to establish and track such a program.</p> <p>Periodic programs are offered by LGRec/55 Plus program and the Library.</p> <p>Periodic programs are offered by LGRec/55 Plus program and the Library.</p> <p>In process through the efforts of Supervisor Joe Simitian's office in conjunction with De Anza College.</p> <p>In process through the efforts of Supervisor Joe Simitian . Set up of the 988 call center has been established.</p> <p>See the initial Needs Analysis of Mental Health Services prepared by Jeff Blum and George Rossmann. The report calls for the establishment to a Task Force to develop a Roadmap similar to the Senior Services Roadmap.</p>
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- Create a mental health information directory. Q4/24

PROJECT S5 Expand Use of Parks, Community Gardens, and Other Facilities

- Support the efforts of the Parks Commission as they relate to senior use of parks, community gardens and related facilities.

- Establish exercise programs in parks and on Town plaza. Q4/23

- Initiate a program to enhance cluster seating in parks for meet up areas. Q2/24

- Support and promote establishment and multigenerational use of community gardens (volunteer planning, landscape design, site plot layout). Q4/24

- Expand recreational use of existing parks and facilities (e.g., pickleball by striping to selected Town tennis courts, bocce ball facility renovation at Oak Meadow Park, establish lawn bowling site, etc.). Q1/26

Future planning. Currently, LGS created the LGS Connect resource for youth, collaborated on the HUB for 55 Plus, and information is available in both The Print and the Outlook. Navigator program also provides information.

Efforts are supported by attendance at Park Commission meetings and contacts with the Director of Parks and Public Works. Spoke at Town Council meeting requesting a Senior Friendly Community Garden.

Los Gatos Rec and the Parks Commission need to work out a program.

Cluster seating was discussed with the Parks Commission and the Director of Parks and Public Works.

Attended a Town Council meeting and recommended speeding up the establishment of the Community Garden. We are in regular contact with Kevin Arroyo who has been the lead on garden planning by the public.

Pickleball expansion is being investigated by the Parks Commission and Town Staff. LG Rec/55Plus Program has already expanded their program to include pickleball.

<p>PROJECT S6 Health and Welfare Assessment</p> <ul style="list-style-type: none"> - Provide a continuing assessment of community essential services for older adults in Los Gatos. Q1/24 -Review the welfare safety net status for older adults and the utilization and coordination of older adult services with County and community non-profit programs. <u>Q1/26</u> 	<p>The HUB has been substantially expanded and a HUB card has been distributed throughout the community. The 55 Plus program tracks membership and the number of calls received re: senior services. The 55 Plus program is increasing membership: currently there are 804 members.</p> <p>We are working with Sourcewise and selected providers. Community members serve on county wide task forces and/or organization to keep us in the loop. Recently, ADRCs (Aging and Disability Resource Connection) funding has been allocated and will be awarded to a local organization to implement.</p>
<p>GOAL 3: COMMUNICATION & ENGAGEMENT</p>	<p>STATUS UPDATE AS OF 10:23</p>
<p>FIRST STEPS:</p>	
<p>*Expand & promote information HUB</p> <ul style="list-style-type: none"> •Expand engagement of the senior community by increasing participation in social, educational & healthy living activities. •Engage volunteers to implement programs 	<p>The HUB has been substantially expanded and a HUB card has been distributed throughout the community. The 55Plus program tracks membership and the number of calls received re: senior services. The 55 Plus program is increasing membership: currently has 804 members.</p> <p>Volunteers have implemented First Fridays Happy Hours for Seniors and have helped the Adult Day Care Program and the Live Oak Nutrition program.</p>

DETAILS ON EACH PROJECT:	
<p>PROJECT C1: Information HUB Development and Deployment</p> <p>-- Refine, edit, and broaden HUB 2.0 to make access to senior services much more intuitive and broaden HUB coverage to include other senior services in the local community: Q4/23</p> <p>- Recruit and sustain a volunteer Hub advisory group to collect information on what's not available, help maintain the accuracy of the HUB information and promote HUB. Q2/23</p> <p>- Develop a program with merchants to help promote Hub. Q2/23</p> <p>- Identify a HUB administrator with technical skills to incorporate identified missing services and maintain the HUB advisory group. Q2/24</p> <p>- Create conceptual design including master release schedule e.g., 2.0, 3.0, 4.0. Q2/24</p> <p>- Evaluate the benefits of developing a mobile app. Q4/24</p> <p>- Invite the creator of Cupertino Senior Services website to review and make suggestions. Q4/23</p>	<p>The HUB is intuitive and has been expanded significantly. This is an on-going process. As new requests come in, additional information is added to the HUB. The Volunteer link is working on incorporating other senior services in the community and broaden the HUB's coverage. Liability and risk must be reviewed, as well as redundancy. .</p> <p>Early planning. 55 Plus has a small group of volunteers to edit the HUB for accuracy. A small group of seniors is needed to work with the CHSSC to assess the HUB and determine what is needed, missing, etc. LG Recreation staff edits and updates the HUB as needed.</p> <p>The HUB card has been distributed to 10+ locations in the community. The Chamber has agreed to have a CHSSC member speak at the meeting of the local businesses about the HUB.</p> <p>LG Recreation staff serves as the primary developer/administrator. Edits and updates of the HUB are on-going.</p> <p>In discussion</p> <p>In discussion</p> <p>Completed; the Cupertino Senior Services manager visited the LGS site and provided positive feedback on the design.</p>

<ul style="list-style-type: none"> - Coordinate with government agencies to take advantage of resources. Q2/24 - Partner with District 5 County Supervisor to benefit other cities and offset costs. Q2/24 - Incorporate video tutorials into HUB (e.g., how to sign up for RYDE, etc.) and explore and utilize evolving technology tools Q4/24 - Use digital inclusion initiatives to teach people how to access information on the HUB, use QR codes, etc. Q4/23 - Utilize KCAT to advertise and to help develop videos for HUB. Q2/24 - Continue tracking HUB clicks and identify the most popular areas. Q1/23 - Continue tracking the number of calls that come into the office for older adult information from all sources (55 Plus; Chamber; Others). Q1/23 - Require Town participation and promotion to ensure success of objectives. Q1/23 	<p>Coordination has been established with local, county, and state officials.</p> <p>In discussion</p> <p>In discussion</p> <p>In discussion. LG Rec has covered these topics in the Tech with Teens program and Resource Fair, but additional opportunities may be made available.</p> <p>55Plus and CHSSC need to work with KCAT to accomplish this goal</p> <p>55 Plus program does this continually but is unable to identify most popular areas due to software limitations.</p> <p>On-going</p> <p>The Town has not yet identified a .2 person to do this.</p>
<p>PROJECT C2: Promotion of Community Awareness and Engagement in Services</p> <ul style="list-style-type: none"> •Publicize senior services available in LG: <ul style="list-style-type: none"> -nutrition; - adult day services; -recreation and socialization opportunities; -educational opportunities and health fairs. 	<p>Articles have been written in The Gatan and The Outlook, which publicize the CHSSC and the 55Plus Program. The Print is available online. There was community participation in the 55 Plus Health Services Fair and the SSAC Health Fair.</p>

<ul style="list-style-type: none"> •Collaborate with other local organizations to promote Town and community events and services. •Join the AARP Network of Age-Friendly Communities •Promote on-going awareness of HUB and Town senior events in Town in social media, website, and newsletter in local newspapers, with articles and ads. •Increase participation in Town events. •Establish an outreach ambassador volunteer program (go to where older adults live to promote awareness and participation. •Promote use of faith-based community services (e.g. Jewish Family Services of Silicon Valley’s Aging with Dignity and Healthy aging Programs, 	<p>The PRINT promotes Town and Community events. Local service organizations participated in the Health Services Fair. The Chamber of Commerce also publicizes our events.</p> <p>In process</p> <p>The HUB has been promoted in The Gatan, The Print and The Outlook. A HUB info card is available at 10+ locations in the community.</p> <p>LGRec and CHSSC members are participating in the Christmas parade and discussing participation in Spring into Green.</p> <p>55 Plus is investigating utilizing senior members, who also belong to local adult communities, as ambassadors.</p> <p>CHSSC has requested an invite to address the Interfaith Council to promote the Roadmap and the HUB; we are also in contact with JFS to promote their activities.</p>
<p>PROJECT C3: Events Calendar</p> <ul style="list-style-type: none"> •Initiate an events calendar website that includes Town meetings and special events. •Establish connectors (APIs) to various organizations information •Include monthly events summary in the monthly older adult newsletters. 	<p>In discussion</p> <p>Contact information is available through the HUB.</p> <p>The Print includes monthly events and The Outlook has basic information.</p>

<ul style="list-style-type: none"> •Assist with community holiday events and promotion •Develop a mobile app for smart phones to sign up for local events. 	<p>Volunteers are available through the Service Clubs.</p> <p>In discussion</p>
<p>PROJECT C4: Provide and Engage Older Adults in Social, Healthy Living, and Life Learning Skills.</p> <ul style="list-style-type: none"> •Promote monthly special social activities •Organize First Friday monthly event •Greatly increase engagement in ongoing LGS Rec activities and classes (exercise, swimming, etc.) senior club activities and other programs. •Promote programs with emphasis on multigenerational activities •Establish diet, nutrition, & healthy living classes and programs. •Promote technology training programs (including library programs, etc.) •Promote personal safety and cyber security presentations and classes. •Develop training classes to enhance marketable skills 	<p>55Plus and LGS already address the majority of these items in C4 on an ongoing basis</p> <p>The Print promotes Senior Social activities</p> <p>First Friday events have occurred; currently, looking for a new venue.</p> <p>LGS publishes a seasonal brochure of available activities and distributes to all households in Los Gatos.</p> <p>55 Plus used youth volunteers to help with the Annual Picnic. Youth volunteers help with the Live Oak Nutrition and Adult Day Care programs. Youth volunteers help with local programs on digital inclusion.</p> <p>Periodic programs have been made available through 55 Plus program and the Library.</p> <p>The 55 Plus and the Library have provided periodic programs.</p> <p>55Plus and the Library have had speakers on these topics.</p> <p>SASAC has partnered with West Valley College to offer classes.</p>

<ul style="list-style-type: none"> •Partnership with West Valley CC to deliver local life-learning courses oriented to older adults. •Develop Distinguished Guest Lecture program 	<p>LGS has programs that increase skills. SASCC has just established a partnership with West Valley College to enroll seniors and provide free classes.</p> <p>In process</p>
<p>Project C5: Transition to In-Person Services at New Community Center.</p> <ul style="list-style-type: none"> •Publicize new dedicated senior facility space for senior programs. •Have an information kiosk near the entrance to verbal, posted and printed materials, including volunteer information •Central point of coordination for Senior Services including tech support •Large room exercise classes and weekly dance in new community center. •Host local community theater, music, and dance group programs. •Promote engagement by organizing regional large group meetings (SCC Cities Association, SSC Seniors Agenda, Caregiver Conference, Aging Wisely Conference, etc.) 	<p>All projects listed below under Project C5 await the opening of a new, Los Gatos Community Center but it should be noted that the current LGS Recreation space provides some of these items.</p>
GOAL 4: VOLUNTEER SUPPORT & ENGAGEMENT	STATUS UPDATE AS OF Oct.23
<p>Goal 4. First Steps</p> <ul style="list-style-type: none"> • Establish an ad hoc volunteer task force. • Create a listing of organizations needing volunteers. 	<p>In process</p> <p>In process</p>

- Engage service clubs in the initiative.

PROJECT V1: Establish Volunteering Task Force

- Collaborate with the Community Health & Senior Services Commission and/or other commissions to form an ad hoc task force with Town liaison identified. Consider adding guest members. Q1/23

- Develop a list of groups needing volunteers for programs, events, and activities. Q2/23

- Establish a joint alliance of service clubs for volunteering composed of a designated person from each organization with an alliance representative on the ad hoc task force. Q4/23

PROJECT V2: Recruit and Build a Volunteer Community with the Ad Hoc Task Force

- Establish a process to coordinate between organizations needing volunteers. Q4/23

In process

Many conversations have been held regarding this first goal to form an ad hoc task force with the Town Liaison. Currently, the Goal Area committees, which consist of CHSSC members and representatives from Los Gatos Recreation, Kiwanis, Rotary, the Episcopal Church and a few other community members, constitute our Volunteer Task Force. As we continue to seek other members, there is a need for volunteers to serve as ambassadors to our local senior communities and provide feedback on the content of the HUB.

In process

Nancy Pearson has volunteered to be the point person for setting up at least one meeting per year to discuss goals.

Currently, the HUB does have a link for volunteers. The information found there are links to the Los Gatos Recreation 55 Plus program, membership in 501 © 3 non profit service volunteer clubs such as, AAUW, Kiwanis Club, LWV SWSCV, Lions Club, Rotary Club AM & PM, and the Town of Los Gatos. Conversations have been held regarding some redesign and

<ul style="list-style-type: none"> - Provide links on The HUB to organizations needing volunteers. Q2/24 - Establish methods for volunteers to connect to opportunities via print and electronic communications. Q2/24 - Include volunteer opportunities in local event calendars. Q3/24 - Publicize opportunities and recruit volunteers at community events (First Fridays, etc.). Q3/24 - Issue volunteer opportunity alerts. Q4/24 - Promote volunteerism and explore new ways to marshal the expertise of older adults in Los Gatos. - Ensure equitable and inclusive opportunities to increase engagement of older adult volunteers. 	<p>additions such as, Religious/Spiritual Communities, etc. There is also an extensive list of 501©3 non profits operating in Los Gatos that is being vetted to determine who can, who wants or who should be listed. A major area of concern relates to liability issues. A decision has been made that the LG Recreation and/or the Town of Los Gatos will list these opportunities but those who wish to volunteer must deal directly with the organization regarding volunteer activities, location, etc. The LGRec and the Town of Los Gatos assume no responsibility.</p>
<p>PROJECT V3 Establish a Volunteer Corps</p> <ul style="list-style-type: none"> - Obtain part time staff support for coordinated volunteer intake and coordination of the Volunteer Core. Q1/25 - Establish a volunteer coordinating team with required service clubs representation. Q1/25 - Develop a method for volunteer tracking. Q3/25 - Provide periodic events for volunteers to 	<p>The Goal Area 4 Committee has determined that in order for this area to become a vital part of our Senior Services Program, a coordinator is needed to establish, coordinate and oversee such a program. Without such a staff person, it will be very difficult to get this Volunteer Program functional as envisioned.</p> <p>Future planning</p> <p>Future planning</p>

<p>socialize and exchange information on opportunities. Q3/25</p> <p>- Establish a senior mentorship service that utilizes talents and skills that can be shared in a multigenerational setting. Q2/25</p> <p>- Develop and coordinate volunteer opportunity exchanges (volunteer tables at Town events, bulletin boards, volunteer fair, etc.). Q4/25</p> <p>- Develop an opportunities exchange site on The HUB. Q4/25</p> <p>- Establish a referral process to support connections between those with needs for household chores and service providers, clubs (including high school and middle school), other groups interested in volunteering and local businesses. Q4/26</p> <p>- Establish and support a volunteer information component to the welcome kiosk at the new community center. Q1/32</p>	<p>Future planning</p> <p>Future planning</p> <p>Future planning</p> <p>Future planning</p> <p>Future planning</p> <p>Future planning</p>

October 2023

TO: CHSSC Chair Jeff Blum

FR: Eleanor Yick

RE: Draft : Status Update for Roadmap Goal Areas 2 & 4

The Los Gatos Town Council accepted the final report of Senior Services Committee's 10 Year Senior Services Roadmap in early 2023. The Town Council then designated the Community Health and Senior Services Commission as being responsible for overseeing its implementation. Since the Roadmap covers a 10 year span, this update will just update the goals and activities in 2023.

This Summary Status Report for Roadmap Goal Areas 2 & 4 is organized with an overview of the First Steps in both goal area followed by a detailed listing of specific project accomplishment.

I. SENIOR ROADMAP GOAL AREA 2: CORE SENIOR SERVICES

(Committee members: Eleanor Yick, Dick Konrad, Lisa Leoni, Kathy Mlinarch, Lydia Norcia, Nancy Pearson, Tom Picraux, George Rossmann, Emily Sprugasi and Martha Sterne)

The first steps identified for completion in Goal 2 are listed as:

a. Negotiate an agreement for continuation of 55 Plus social, educational, and healthy living program. The Town of Los Gatos has negotiated an agreement with the LGS Recreation/55+ program to continue service. The Los Gatos Recreation tracks membership enrollment and participation in the many programs that are offered. The current membership number of 804 indicates that the program has continued to grow tremendously and serve our senior citizens. In addition to the core monthly programs outlined in the monthly PRINT, many new programs have been initiated this year: Master's Swimming, pedal boats and kayaking at Vasona Lake, pickleball, First Fridays, Dance Nights, Mother's Day Brunch, Summer Brunch, Smartphone Accessibility Training, Fall Prevention training, etc. The Los Gatos Recreation 55 Plus Program has also secured, through the collaborative efforts of Director Nancy Rollett and State Assemblyperson Gail Pellerin, a one million dollar grant over 4 years to sustain the program through mid-2028. The Town also secured a \$125,000 donation via the efforts of County Supervisor Joe Simitian to support a .2 case manager position and the Adult Day Care program specifically.

b. Re-establish adult day care services. The Los Gatos Adult Daycare Program has reopened in a remodeled space housed at the Los Gatos Methodist Church. Under the leadership of Director Lisa Leoni, the program is currently serving approximately 20 adults with the goal of expanding to 30. In addition to its core program to serve seniors, the program also facilitates caregiver support programs for families and family caregivers. An

update on the Adult Day Care program has also been prepared by CHSSC Commissioner George Rossmann in conversation with Director Lisa Leoni.

c. Continue support of community essential core services by non-profits.

Another essential core service is the Live Oak Nutrition Program. Although the program continued in a limited fashion during Covid, Director Kathy Mlinarch has the program fully up and running. A free, hot, nutritious lunch meal is available for seniors 5 days a week. Currently, the program is funded to serve approximately 53 seniors but participation has grown to an average of 80. The program needs additional funding to continue to serve this larger number of participants. The small group of homeless persons living in Los Gatos also participate in this lunch program.

In addition to the free lunch meals, donated food is collected 3 days a week from local stores (Safeway and Trader Joes) and distributed on Fridays. Starting in January 2024, local restaurants will also be required to participate in this food donation program. There is a need for a pick up truck to pick up these additional food donations, volunteer drivers and additional funding to provide for the increased number of lunch participants. An update on the Live Oak Nutrition Program has also been prepared by CHSSC Commissioner Dick Konrad in conversation with Director Kathy Mlinarch.

Other core essential services, such as the establishment of a health clinic in the West Valley and the availability of mental health services are in process. Supervisor Joe Simitian has been actively involved in the establishment of a health clinic to be located at DeAnza College. In terms of establishing a Mental Health Task Force, an initial Needs Analysis Report on Mental Health Services has been prepared by Commissioners Jeff Blum and George Rossmann.

II. SENIOR ROADMAP GOAL AREA 4: Volunteer Support & Engagement

(Committee members: Eleanor Yick, Dick Konrad, Lisa Leoni, Kathy Mlinarch, Lydia Norcia, Nancy Pearson, Tom Picraux, George Rossmann, Emily Sprugasi and Martha Sterne)

The first steps identified for completion in Goal 4 are listed as:

a. Establish an ad hoc volunteer task force and (c) Engage Service Clubs in the Initiative.

A number of conversations have been held regarding this first goal. Currently, the Goal Area committees, which consists of CHSSC members and representatives from the Los Gatos Recreation, Rotary, Kiwanis, the Episcopal Church and a few other community members, constitute our Volunteer Task Force. As we continue to seek other members, there is a need for volunteers to serve as ambassadors to our local senior communities and provide feedback on the content of the HUB.

- b. Create a listing of organizations needing volunteers.** Currently, the HUB does have a link for volunteers. The information found there are links to the Los Gatos Recreation 55Plus program, membership in 501 ©3 non profit service volunteer clubs such as, AAUW, Kiwanis Club, LWV SWSCV, Lions Club, Rotary Club AM & PM, and the Town of Los Gatos. Conversations have been held regarding some redesign and additions such as, Religious/Spiritual Communities, etc. There is also an extensive list of 501©3 non profits operating in Los Gatos that is being vetted to determine who can, who should and/ or wants to be listed as needing volunteers.

A major area of concern regarding volunteers relates to liability issues. The decision has been that while the LG Recreation and/or the Town of Los Gatos will list these volunteer opportunities, they assume no liability for the volunteer work. Those who wish to volunteer must deal directly with the organization regarding volunteer activities, location, etc.

The Goal Area 4 Committee has also determined that in order for this area to become a vital part of our Senior Services Program, a coordinator is needed to establish and oversee such a program. Without such a staff person, it will be very difficult to get this Volunteer Program functional.