



**TOWN OF LOS GATOS**  
**COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION**  
**SPECIAL MEETING**  
**AUGUST 22, 2023**  
**110 EAST MAIN STREET**  
**TOWN COUNCIL CHAMBERS**  
**3:00 P.M.**

*Jeffrey P. Blum, Chair*

*Eleanor Yick, Vice Chair*

*Dick Konrad, Commissioner*

*George Rossmann, Commissioner*

*Pradeep Khanal, Commissioner*

*Lydia Norcia, Commissioner*

*Vacant, Youth Commissioner*

*Mary Badame, Council Liaison*

**IMPORTANT NOTICE**

This meeting will be held in-person at the Town Council Chambers, 110 East Main Street, Los Gatos CA 95030. Members of the public may only provide public comments for the agenda items in-person at the meeting or prior to the meeting in writing as described below.

**PARTICIPATION IN THE PUBLIC PROCESS**

The Town of Los Gatos strongly encourages your active participation in the public process, which is the cornerstone of democracy. If you are interested in providing oral comments during the meeting, you must attend in-person and complete a “speaker’s card” and return it to the staff. If you wish to speak to an item on the agenda, please list the item number. The time allocated to speakers may change to better facilitate the Commission meeting. You are welcome to submit written comments via email to [Clerk@losgatosca.com](mailto:Clerk@losgatosca.com).

**Public Comment During the Meeting:**

- When called to speak, please limit your comments to three (3) minutes, or such other time as the Chair may decide, consistent with the time limit for speakers at a Town meeting.
- Speakers at public meetings will be asked to provide their full name and to state whether they are a resident of the Town of Los Gatos. This information is optional and not required.

**Deadlines for Public Comment and Presentations are as follows:**

- If you are unable to participate in person, you may email [Clerk@losgatosca.com](mailto:Clerk@losgatosca.com) with the subject line “Public Comment Item #\_” (insert the item number relevant to your comment). Persons wishing to submit written comments to be included in the materials provided to Commission must provide the comments as follows:
  - For inclusion in an Addendum: by 11:00 a.m. the Monday before the Commission meeting
  - For inclusion in a Desk Item: by 11:00 a.m. on the day of the Commission Meeting
- Persons wishing to make an audio/visual presentation on any agenda item must submit the presentation electronically, either in person or via email to [Clerk@losgatosca.gov](mailto:Clerk@losgatosca.gov), to the by 12:00 p.m. the day of the meeting.

**TOWN OF LOS GATOS  
COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION  
SPECIAL MEETING  
AUGUST 22, 2023  
110 EAST MAIN STREET  
TOWN COUNCIL CHAMBERS  
3:00 P.M.**

**RULES OF DECORUM AND CIVILITY**

The purpose of the meeting is to conduct the business of the Town in an effective and efficient manner. For the benefit of the community, the Town of Los Gatos asks that you follow the Town's meeting guidelines while attending Town meetings and treat everyone with respect and dignity. This is done by following meeting guidelines set forth in State law and in the Town Code.

The Town does not tolerate disruptive conduct, which includes but is not limited to:

- addressing the Commission without first being recognized;
- interrupting speakers, Commission or Town staff;
- continuing to speak after the allotted time has expired;
- failing to relinquish the microphone when directed to do so;
- repetitiously addressing the same subject.

Town Policy does not allow speakers to cede their commenting time to another speaker. Disruption of the meeting may result in a violation of Penal Code Section 403.

**MEETING CALLED TO ORDER**

**ROLL CALL**

**INTRODUCTION OF ASSISTANT TOWN MANAGER**

**STAFF LIAISON REPORT**

**COMMISSIONER REPORTS**

**CONSENT ITEMS (TO BE ACTED UPON BY A SINGLE MOTION)**

1. Approve the Minutes of the June 27, 2023 CHSSC Regular Meeting

**VERBAL COMMUNICATIONS** (*Members of the public are welcome to address the Community Health and Senior Services Commission on any matter that is not listed on the agenda. To ensure all agenda items are heard and unless additional time is authorized by the Chair, this portion of the agenda is limited to 30 minutes and no more than three (3) minutes per speaker. In the event additional speakers were not able to be heard during the initial Verbal Communications portion of the agenda, an additional Verbal Communications will be opened prior to adjournment.*)

**OTHER BUSINESS** (*Up to three minutes may be allotted to each speaker on any of the following items.*)

2. Adopt a New Time and Place Resolution for Future Regular CHSSC Meetings
3. Discuss Letter of Commission Support for the County's Family Caregiver Fund
4. Review Promotional Brochures for Senior Services

5. Reports from Senior Road Map Task Forces Regarding Progress on Senior Road Map Goals
6. Discussion of Senior Road Map Implementation Draft Report Format

#### **ADJOURNMENT**

***IN COMPLIANCE WITH THE AMERICANS WITH DISABILITIES ACT, IF YOU NEED SPECIAL ASSISTANCE TO PARTICIPATE IN THIS MEETING, PLEASE CONTACT THE CLERK DEPARTMENT AT (408) 354-6834. NOTIFICATION 48 HOURS BEFORE THE MEETING WILL ENABLE THE TOWN TO MAKE REASONABLE ARRANGEMENTS TO ENSURE ACCESSIBILITY TO THIS MEETING [28 CFR §35.102-35.104]***

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**DRAFT**

**Minutes of the Community Health and Senior Services Special Meeting**  
**June 27, 2023**

The Community Health and Senior Services Commission conducted a special meeting in person on Tuesday, June 27, 2023, at 3:00 p.m.

**MEETING CALLED TO ORDER 3:02 P.M.**

**ROLL CALL**

Present: Chair Blum, Vice Chair Yick, Commissioner Konrad, Commissioner Norcia, Commissioner Rossmann; and Council Liaison Badame.

Absent: Commissioner Khanal;

Staff Present: Library Director Baker and Town Manager Laurel Prevetti

**COMMISSIONER REPORTS**

- Commissioner Konrad reported that he attended a Parks Commission meeting, Transportation Commission meeting, Task Force meetings; and met with Jewish Family Services and Live Oak Adult Day Services.
- Commissioner Norcia had nothing to report.
- Vice Chair Yick reported attending First Friday, and Task Force meetings; and met with LGSRec and attended a readers' theatre.
- Chair Blum reported meeting with Councilmember Moore, Councilmember Rennie, attending a Council meeting, speaking at a Council meeting, attending the Live Oak Adult Day ribbon cutting, attending Task Force meetings, writing an article for the "Los Gatan", meeting with KCAT, and attending the Distinguished Senior Award presentation.
- Commissioner Rossmann will opt to send a written report.

**CONSENT ITEM**

1. Approve Community and Senior Services Commission Minutes of May 23, 2023.

No Public Comment

Chair Blum suggested the following editorial changes to the minutes:

- Under "Commission Reports"
  - For the report from Chair Blum, change the word "wrote" to the word "reviewed"
  - For the report from Vice Chair Yick, change the word "meet" to the word "met"

SUBJECT: Draft Minutes of the Community Health and Senior Services Commission

Meeting of June 27, 2023

DATE: August 22, 2023

- For the report from Commissioner Rossmann, correct the typo on the spelling of his name
- Under "Verbal Communications"
  - For the communication by Tom Picraux, change "Live Oak Senior Day" to "Live Oak Adult Day Care"
- Under Item 3
  - Change the reference from "Chair Blum" to "Vice Chair Yick"
- Under Item 4
  - Correct the typo "interated" to "integrated"

**MOTION:** Motion by **Commissioner Yick** to approve consent item 1 with the changes mentioned. **Seconded** by **Commissioner Norcia**.

**VOTE:** Motion passed 5-0

#### **VERBAL COMMUNICATIONS**

Opened public comment.

A representative from Live Oak Adult Day Services asked a question about ways to seek funding.

An email by LGSRec representative Kennedy regarding 55+ updates was read by Staff Liaison Baker.

Catherine Summers asked about who might be running First Fridays in the future.

Tom Picraux gave an update on the Friends of Older Adults non-profit.

Closed public comments.

#### **OTHER BUSINESS**

2. Reports from Senior Road Map Task Forces Regarding Progress on Senior Road Map Goals

Vice Chair Yick gave updates pertaining to Goal 2 and Goal 4.

Commissioner Rossmann gave updates pertaining to Goal 7

Commissioner Konrad gave updates pertaining to Goal 3.

The Commission discussed and agreed that year-one goals should be tied to the fiscal year beginning in July.

Opened public comments.

SUBJECT: Draft Minutes of the Community Health and Senior Services Commission

Meeting of June 27, 2023

DATE: August 22, 2023

No one spoke.

Closed public comments.

3. Discussion Regarding Potential Use of CHSSC Discretionary Funds

The Commission discussed possible uses of discretionary funds.

Opened public comments.

No one spoke.

Closed public comments.

**MOTION: Motion by Commissioner Norcia to allocate \$500 for the production of brochures advertising the Hub. Seconded by Vice Chair Yick.**

**VOTE: Motion passed 4-1, Rossmann opposed.**

4. Discussion Regarding Opportunities for Commissioner Involvement in Senior Programs and Activities

The Commission discussed ways to become more involved in activities and suggested that all Commissioners should become members of LGSRec's 55+ program.

Open public comments.

Chris mentioned that the LGSRec phone number in the White Pages is incorrect.

Closed public comments.

5. Staff Liaison Report

Liaison Baker gave an update on the Community Grant process and answered questions posed by Commissioners.

**ADJOURNMENT**

The meeting adjourned at 4:21 p.m.

Respectfully Submitted:

**PAGE 4 OF 4**

**SUBJECT:** Draft Minutes of the Community Health and Senior Services Commission

Meeting of June 27, 2023

**DATE:** August 22, 2023

Ryan Baker, Library Director



**TOWN OF LOS GATOS**  
**COMMUNITY HEALTH AND SENIOR**  
**SERVICES COMMITTEE REPORT**

MEETING DATE: 08/22/2023

ITEM NO: 2

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DATE: August 22, 2023  
TO: Community Health and Senior Services Committee  
FROM: Ryan Baker, Library Director  
SUBJECT: Adopt a New Time and Place Resolution for Future Regular CHSSC Meetings

**RECOMMENDATION:**

Adopt a new Time and Place Resolution for future regular CHSSC meetings.

**BACKGROUND:**

The current regular meeting time of the CHSSC conflicts with the Town's Policy Committee meetings creating a staffing conflict. The CHSSC will need to determine a new day or time for future regular meetings. Additionally, it is recommended that the Commission conduct meetings within a facility operated by the Town, such as the Town Council Chambers or the Library Conference Room.

**ATTACHMENTS:**

1. Draft time and place resolution

**PREPARED BY:** Ryan Baker  
Library Director

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## RESOLUTION 2023-3

**RESOLUTION OF THE COMMUNITY HEALTH AND SENIOR SERVICES  
COMMISSION OF THE TOWN OF LOS GATOS  
ESTABLISHING A NEW TIME AND PLACE FOR REGULAR MEETING**

**WHEREAS**, on April 25, 2023, the Community Health and Senior Services Commission adopted Resolution 2023-2 establishing the time and place for the regular meetings of the Community Health and Senior Services Commission; and

**WHEREAS**, this resolution is intended to rescind Resolution 2023-2 and establish a new time and place for the regular meetings of the Community Health and Senior Services Commission.

**NOW, THEREFORE, BE IT RESOLVED**, by the Community Health and Senior Services Commission of the Town of Los Gatos, that pursuant to Government Code Section 54954, the time and place for the regular meeting of the Community Health and Senior Services Commission shall be as follows:

Day:  
Time  
Frequency: Once a Month  
Place:

**PASSES AND ADOPTED** at a regular meeting of the Community Health and Senior Services Commission of the Town of Los Gatos, California, held on the 22<sup>nd</sup> day of AUGUST, 2023.

## COMMISSIONERS:

AYES:  
NAYS:  
ABSENT:  
ABSTAIN:

SIGNED:

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**CHAIR**  
**COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION**

ATTEST:

## TOWN CLERK

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**TOWN OF LOS GATOS**  
**COMMUNITY HEALTH AND SENIOR**  
**SERVICES COMMITTEE REPORT**

MEETING DATE: 08/22/2023

ITEM NO: 3

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DATE: August 22, 2023  
TO: Community Health and Senior Services Committee  
FROM: Ryan Baker, Library Director  
SUBJECT: Discuss Letter of Commission Support for the County's Family Caregiver Fund

**RECOMMENDATION:**

Discuss letter of Commission support for the County's Family Caregiver Fund.

**BACKGROUND:**

Chair Blum has suggested that the Commission submit a letter of support to the Office of County Supervisor Joe Simitian regarding Santa Clara County's Family Caregiver Fund initiative. Chair Blum will give a verbal report on the program.

**ATTACHMENTS:**

1. Draft letter of support
2. Santa Clara County Adult Caregiver Study

**PREPARED BY:** Ryan Baker  
Library Director

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Honorable Supervisor Joseph Simitian  
Santa Clara County Board of Supervisors  
70 West Hedding Street, East Wing, 10<sup>th</sup> Floor  
San Jose, California 95110

Re: Adult Caregiver Study

Dear Supervisor Simitian:

The Los Gatos Community Health and Senior Services Commission wishes to thank you and the rest of the County Board of Supervisors for funding the Adult Caregiver Study (“the study”). The study’s findings are consistent with some of the findings in our Senior Services Committee Road Map report.

One important gap noted in our Road Map Report related to caregiving. It was indicated that more than one-third of respondents in a survey indicated providing care for someone 55+. While Los Gatos now has an adult day care service a future crunch is predicted for caregiving support.

The study funded by the Board of Supervisors further educated our commission to the need for action relating to the serious caregiver situation.

Some of the findings in the study include the following:

\*Most family caregivers are women, an adult child of the care recipient, 45-64 years of age, and married.

\*According to a survey by Sourcewise, which is mentioned in the study, caregivers indicate that in-home assistance is the top service missing for older adults. The survey also indicates that a substantial number of caregivers identified respite (ie.; short term breaks) as the most important unmet need for caregivers,

\*Top priorities for family caregivers include information on caring for a loved one, counseling or help managing care, and information on managing difficult behaviors.

\*Family caregiver needs also include emotional/mental health support, financial aid, housing /placement, disease specific information, family caregiver education training, and transportation.

\*Choosing not to invest in SCC family caregivers and direct care workers is likely to result in significant human and economic costs for the County. More family caregivers will suffer from depression, burnout, and poverty. Fewer individuals will become direct care workers, making an already understaffed workforce unprepared to meet future demand. And hospital and health systems will likely experience overcrowded emergency rooms, avoidable hospital admissions, and a surge in nursing home requests.

Based upon our prior Road Map Report and our review of the study, we urge county departments, including Health and Hospitals, to work together with community organizations to create specific programs that address the recommendations set forth in the study.

Thank you for your consideration.

Very Truly Yours,

Jeffrey P. Blum, Chairperson  
Los Gatos Community Health and  
Senior Services Commission



**TOWN OF LOS GATOS  
COMMUNITY HEALTH AND SENIOR  
SERVICES COMMITTEE REPORT**

MEETING DATE: 08/22/2023

ITEM NO: 4

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DATE: August 22, 2023  
TO: Community Health and Senior Services Committee  
FROM: Ryan Baker, Library Director  
SUBJECT: Review Promotional Brochures for Senior Services

**RECOMMENDATION:**

Review promotional brochures for senior services.

**BACKGROUND:**

At the June meeting of the CHSSC, the Commission allocated \$500 of their discretionary funds to produce a flyer promoting the Hub. This work was completed by Vice Chair Yick and Town Staff. The Commission also suggested that updating brochures giving visibility to senior services may be beneficial. The attached brochure was last updated and distributed in 2022.

**ATTACHMENTS:**

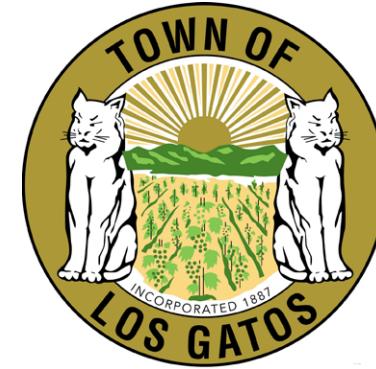
1. 2022 Senior Service Brochure
2. Senior Services Flyer

**PREPARED BY:** Ryan Baker  
Library Director

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## SUPPORT SERVICES

- **Senior Wellness Checks (Operation C.A.R.E.)** - Free daily "check-in" telephone call for seniors from the Los Gatos-Monte Sereno Police Dept. | 408-354-6853
- **HomeCare Assistance**  
Non-medical in-home care for seniors in their own homes | Call 408-356-0127 or visit: [www.homecareassistance.com/los-gatos](http://www.homecareassistance.com/los-gatos)
- **In Home Services**  
To find out more about various forms of in home support services (IHSS) call 408-792-1600.
- **Senior Adults Legal Assistance (SALA)**  
Nonprofit legal services for older adults | 408-295-5991
- **Health Insurance Counseling/Advocacy Program** - Informs of specific rights and healthcare coverage | 408-350-3200
- **Homefirst Services for the Homeless**  
Shelter for the homeless in Santa Clara County | 408-539-2100



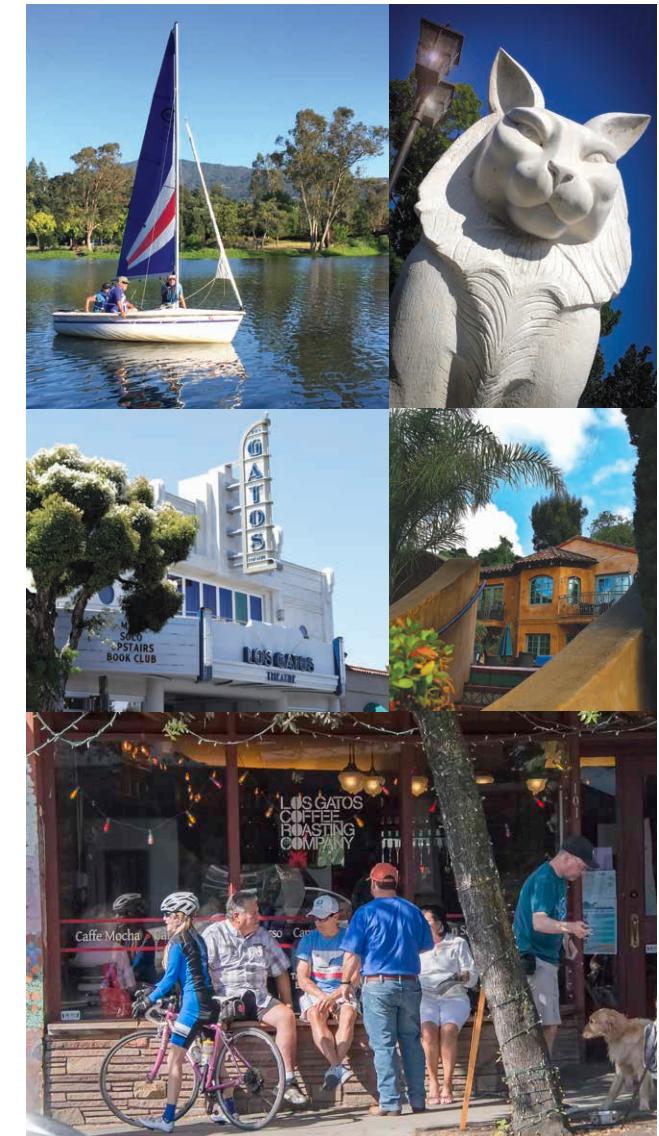
[www.losgatosca.gov](http://www.losgatosca.gov)



[www.sascc.org](http://www.sascc.org)



[www.losgatosca.gov/2499/  
Age-Friendly-Los-Gatos](http://www.losgatosca.gov/2499/Age-Friendly-Los-Gatos)



## HOSPITALS & HEALTH CARE

- El Camino Hospital | 408-378-6131
- Good Samaritan Hospital | 408-559-2011

**LOS GATOS  
RESOURCE GUIDE  
FOR OLDER ADULTS**

## RECREATIONAL PROGRAMS

### SASCC - Saratoga Senior Center

SASCC's speciality is to provide assistance, support, and resources to older adults. We provide social events, social groups, programs, classes, and services that continue to enrich the lives of area seniors and their families. Please contact [info@sascc.org](mailto:info@sascc.org) for more information, visit [www.sascc.org](http://www.sascc.org) or call 408-868-1257.

### Los Gatos 55+ Program

Los Gatos-Saratoga Community Education and Recreation, in partnership with the Town of Los Gatos, provides comprehensive Senior Services that include community building activities, classes, trips, referral services, volunteer opportunities, and more. The 55 Plus Program is housed in the Los Gatos Adult Recreation Center, located at 208 East Main Street. Please contact [55plus@lgsrecreation.org](mailto:55plus@lgsrecreation.org) or call 408-354-1514 for additional information.

### Other local centers:

- Jewish Community Center | 408-357-7429  
[www.apjcc.org/adult-programs/](http://www.apjcc.org/adult-programs/)
- Campbell Adult Center | 408-866-2146  
[www.ci.campbell.ca.us/231/Adult-Center-50](http://www.ci.campbell.ca.us/231/Adult-Center-50)
- Cupertino Senior Center | 408-777-3150

## MEALS, RESPITE, & CAREGIVER SUPPORT

### Live Oak Senior Nutrition Center

Lunch meals available Monday-Friday with socialization. To learn more, please call 408-354-0707.

### Live Oak Adult Day Services

**(Adult Day Care)** - Live Oak provides a specialized program of adult day care for frail elderly dependent adults who are residents of Santa Clara County. Call 408-354-4782 for more information.

### Saratoga Adult Day Program

The Saratoga Adult Day Program's mission is to help less independent seniors remain physically and mentally active while offering opportunities for socialization and personal growth in a stimulating, safe, and caring environment. Meal delivery is also available for our remote program. Please email [raj@sascc.org](mailto:raj@sascc.org), or call 408-868-1254, to learn more.

### Other similar resources:

- Alzheimer's Activity Center provides adult day care | 408-279-7515
- El Camino Hospital provides caregiver services | 800-216-5556
- SarahCare of Campbell | 408-374-2273
- Meals on Wheels | 408-461-9870
- West Valley Community Services | 408-255-8033
- Asian Americans for Community Involvement | 408-975-2730

## OTHER RESOURCES

- **SASCC Support Line** - General information on senior services | 408-621-7526
- **Friendship Line for Seniors** (Institute for Aging) hotline for 60+/caregivers/younger disabled adults | 800-971-0016
- **Senior Services Information** (Sourcewise) information on support systems for all adults/seniors/families | Call 408-350-3200 or visit: [www.mysourcewise.com](http://www.mysourcewise.com)
- **Dementia Care Helpline** (Alzheimer's Association) assistance with memory loss/caregivers/healthcare providers/treatment options/financial decisions | 800-272-3900
- **Santa Clara County Referral Service Hotline** is available in 170+ languages all day | Call 2-1-1
- **County Suicide & Crisis Hotline** | 1-855-278-4204
- **Veterans Crisis Line** | 800-273-8255 and Press 1. Or Send A Text Message To The Veterans Crisis Line At 838255.
- **To Report Elder Abuse** - Adults Protective Services Agency | 800-414-2002

## TRANSPORTATION

- **RYDE (Reach Your Destination Easily)** is a curb-to-curb transportation and local trip planning service for adults 65+ living in parts of Santa Clara County. RYDE can be used for appointments, grocery shopping, or other local trips. | Call 408-892-9739 or visit: [www.sascc.org/ryde-about](http://www.sascc.org/ryde-about)
- **El Camino Hospital Roadrunners** transportation to medical/dental/health-related appointments | 650-940-7016
- **Heart of the Valley Services for Seniors Inc.** transportation for seniors living independently | 408-241-1571



# Introducing **THE LOS GATOS COMMUNITY HEALTH & SENIOR SERVICES COMMISSION**

The Community Health and Senior Services Commission (CHSSC) works toward engaging, educating, and empowering senior services in Los Gatos and advancing Age-Friendly ideals in the community.

Do you have ideas for senior services that you'd like to see offered in Los Gatos? We want to hear your thoughts!

**Submit your ideas to:  
[CHSSC@LosGatosCA.gov](mailto:CHSSC@LosGatosCA.gov)**



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**TOWN OF LOS GATOS**  
**COMMUNITY HEALTH AND SENIOR**  
**SERVICES COMMITTEE REPORT**

MEETING DATE: 08/22/2023

ITEM NO: 5

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DATE: August 22, 2023  
TO: Community Health and Senior Services Committee  
FROM: Ryan Baker, Library Director  
SUBJECT: Reports from Senior Road Map Task Forces Regarding Senior Road Map Goals

**REMARKS:**

Chair Blum has asked that the Senior Road Map Task Forces report out on their established goals, timelines, and steps taken in their work during the past month.

**PREPARED BY:** Ryan Baker  
Library Director

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**TOWN OF LOS GATOS**  
**COMMUNITY HEALTH AND SENIOR**  
**SERVICES COMMITTEE REPORT**

MEETING DATE: 08/22/2023

ITEM NO: 6

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DATE: August 22, 2023  
TO: Community Health and Senior Services Committee  
FROM: Ryan Baker, Library Director  
SUBJECT: Discussion of Senior Road Map Implementation Draft Report Format

**REMARKS:**

Chair Blum has prepared a draft report of the initial findings of the Senior Road Map Task Forces for a discussion of report format.

**ATTACHMENT:**

1. Chair Blum's Draft Report

**PREPARED BY:** Ryan Baker  
Library Director

110 E. Main Street Los Gatos, CA 95030 • (408) 354-6832  
[www.losgatosca.gov](http://www.losgatosca.gov)

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The first step in executing the Road Map for delivering high quality services to older adults was to determine what services are currently being offered by existing service providers and assess their impact. A core group of service providers was chosen and interviewed to determine to what extent they are fulfilling the Road Map goals. The providers chosen were:

1. Live Oak Nutrition
2. Live Oak Day Care
3. LGS Rec/55 Plus
4. Jewish Family Services
5. SASCC
6. West Valley Community Services
7. KCAT

The goals currently being met by these service providers are summarized here as well as the needs that they view as necessary to fill the service gaps that they have identified.

## **GOAL ONE: APPEALING AND INVITING FACILITY**

### **Live Oak Senior Nutrition**

Seeking a new facility to consolidate services.

### **LGS Rec/55 Plus**

Serve as partners in plans to build a new senior center, providing valuable feedback in the design of senior focused space.

### **Jewish and Family Services-Silicon Valley**

Envisions a physical location where older adults can convene to participate in programs that will enhance their cognitive, emotional, physical and spiritual well-being.

## **GOAL TWO: CORE SENIOR SERVICES**

### **Live Oak Senior Nutrition**

**Provides:** Affordable lunchtime meals and supportive interaction, including tai chi, yoga, bingo, computer workouts, blood pressure tests, and speakers on senior topics. It provides hot lunches to seniors on Monday through Friday. Free food is distributed on Monday, Wednesday, and Friday. Serves 80-90 clients a day.

Advocates for extended services for seniors.

Solicits and uses volunteers.

**Needs:** More funding. Live Oak is projecting an approximate budget shortfall of \$103,000.

Expansion goal: More exercise and workshop programs.

Extend Second Harvest food donation program. Get a truck and hire a driver.

Get RYDE to transport 15-20 seniors

Expand marketing beyond word of mouth

Obtain more grants to pay for meals

Work with high schools to help with bullying during lunch time

Provide extended hours during extreme weather (need more staffing).

Physical space to consolidate senior services

### **Live Oak Day Care**

**Provides:** 20 frail older adults with socialization and cognitive stimulation. It also assists client caregivers with respite and support services.

**Needs:** LODC markets primarily by word of mouth, although it also has a website and it receives referrals from other agencies. It needs to increase its client base in Los Gatos by more robust marketing.

### **LGS/Rec 55 Plus**

**Provides:** Free or low cost access to social activities, fitness classes, players groups, community gatherings, health education programs, and access to resources. Has 700 dues paying members, 80% of whom are over the age of 70. In 2022, it offered 1267 programs and had 9172 encounters. Recently received a grant of \$1M payable over 4 years to augment for this year, the \$225K provided by the town for its services.

**Needs:** Permanently incorporate 55 Plus into the Los Gatos town budget to cover the costs of its free and low cost senior programs.

## **KCAT**

**Provides:** Social and educational services to older adults through the Producers Network.

## **Jewish and Family Services-Silicon Valley**

**Provides:** JFS SV assists older adults with safely living at home as long as possible with dignity. This is done by care managers completing extensive assessments and client-directed care plans. A key component of this is home care.

**Needs:** JFS SV would like to fill the gap arising from older adults who do not qualify for Medi-Cal and in home supportive services but do not make enough to afford the high hourly cost of homecare. This requires additional funding.

## **West Valley Community Services**

**Provides:** WVCS provides food, housing, and support services to low income and homeless individuals and families. The services provided include food markets (fixed and mobile), CARE (a safety net program for low income and unhoused clients (i.e., emergency funds for rent and utilities), support (Haven to Home (i.e., workshops, benefit clients, resource fairs, bus passes, laundry, counseling, and special events).

**Needs:** WVCS is projecting a loss of rental assistance extras and a cutback from Second Harvest Food Bank. Hence, it is projecting a need for more funding and other food providers. WVCS sees a need for a mobile crisis response team and a mental health facility in the west valley. WVCS has a few programs that, if at all possible, should be continued (assuming adequate funding is available). These are The Tenant Based Rental Agreement and budget workshops and digital inclusivity training. WVCS hopes to participate in the awarding of \$100,000 (\$50,000 from Los Gatos and \$50,000 from the county) for homeless services and intends to reapply for a sustaining grant from Los Gatos.

## **GOAL THREE: COMMUNICATION AND ENGAGEMENT**

### **Live Oak Day Care**

**Provides:** LODC's most important deliverable is socialization and client engagement. It provides cognitive stimulation and assists client caregivers with respite and support services.

**Needs:** See summary for LODC under Goal Two.

## **LGS/Rec 55 Plus**

**Provides:** Mails a program brochure twice yearly to more than 7,000 people over 55 to announce social and educational programs of potential interest.

Emails the monthly PRINT newspaper to all households in Los Gatos. The PRINT includes numerous feature stories about Los Gatos and lists Los Gatos public meetings and events occurring in Los Gatos.

Worked with the CHSSC to create and develop an online information HUB specifically targeted at older adults. The HUB is housed on its website and the staff is responsible for maintaining it.

## **KCAT**

**Provides:** KCAT offers opportunities for older adults to participate with others, volunteer in meaningful and productive activities and engage in the community. For example, the Producers Network trains older adults in conducting interviews. It also has older adults assist with classes and activities such as Jazz on the Plazz and the annual Children's Christmas and Holidays parade.

KCAT publicizes senior services available in Los Gatos.

KCAT collaborates with other local organizations to promote community events and services. For example, it collaborates with the Rotary Clubs and other town service providers.

KCAT communicates and engages with older adults via email and their online newsletter-Zines.

**Needs:** KCAT has offered to help advertise and develop videos for the HUB. It should be requested to do this.

KCAT should be asked to continue to publicize and advertise senior services available in the town.

KCAT should be asked to continue to collaborate with local organizations to promote community events and services and asked to continue to publicize senior services available in the town.

KCAT should be asked to continue to help with promoting special social activities, promoting programs with an emphasis on multigenerational activities, and contributing to developing and training classes to enhance marketable skills.

### **Jewish and Family Services-Silicon Valley**

**Provides:** JFS SV has a bi-monthly newsletter (“Staying Connected”) that is connected to a grant and partnership with El Camino Hospital. The newsletter reaches about 1,000 people.

**Needs:** JFS SV must increase community awareness of its older adult programming.

More outreach to non-Jewish population.

Develop more strategic partnerships with the community to optimize service delivery to the community.

### **Successful Aging Solutions and Community Consulting (SASCC)**

**Provides:** SASCC provides the Outlook newspaper (which goes to approximately 18,000 households in Los Gatos) and runs a Health Fair. The Outlook includes numerous feature stories about Los Gatos, and lists Los Gatos public meetings and events occurring in Los Gatos. The health fair is focused on disseminating safety information and supportive resources and opportunities for education to residents.

**Needs:** n/a

## **GOAL FOUR: VOLUNTEER SUPPORT AND ENGAGEMENT**

### **Live Oak Senior Nutrition**

**Provides:** Live Oak meets goal four by providing exercise, games, and promoting multigenerational activity by using high school students as volunteers

### **LGS/Rec 55 Plus**

**Provides:** Heavily invested in volunteering. 15 weekly volunteer facilitated programs. Uses both senior and high school volunteers for day trips, games, and social events. Also partners with service clubs.

**Needs:** Volunteers require staff oversight, training, and support.

## **KCAT**

**Provides:** KCAT allows older adults to volunteer in a variety of capacities, including as media technicians, making podcasts, producing videos, and interviewing people.

**Needs:** KCAT has offered to assist with developing and coordinating volunteer opportunity exchanges (i.e., help establish a volunteer corp).

## **Jewish and Family Services-Silicon Valley**

**Provides:** JFS SV has an extensive network of volunteers offering an array of supportive services ranging from basic transportation to knitting groups providing hand woven blankets and clothing. Their volunteers provide companionship as “Friendly Visitors.” JFS SV recruits, trains, and retains volunteers. They screen and train all volunteers.

**Needs:** Given its past experience with volunteer support and engagement, JFS SV should perhaps take the lead in creating and sustaining a community-wide volunteer corp.

## **GOAL FIVE: ENHANCEMENT TRANSPORTATION OPTIONS**

### **Live Oak Senior Nutrition**

Provides: Live Oak provides VTA bus pass and gas subsidies to clients

### **SASCC:**

**Provides:** SASCC supports the RYDE program, which is a curb to curb transportation services for adults 65 plus in Los Gatos and other local communities. In fiscal year 2022-2023, there were 189 Los Gatos residents utilizing RYDE.

**Needs:** n/a

### **Jewish and Family Services-Silicon Valley**

**Provides:** n/a

**Needs:** JFS SV is committed to being an integral part of the process in creating effective, affordable and sustainable transportation solutions for older adults in Silicon Valley. JFS SV should be asked to participate in this process.

## GOAL SIX: SENIOR HOUSING

### Jewish and Family Services-Silicon Valley

**Provides:** Susan Frazer, the CEO of JFS SV is on the Santa Clara County Long Term Supports and Services Committee where she participates in policy decision making on issues impacting older adults.

**Needs:** JFS SV should be requested to continue its involvement in the Long Term Supports and Services Committee and other leaders of service providers should be encouraged to also participate.

## GOAL SEVEN: Integrated Governance, Funding and Accountability

### LGS/Rec 55 Plus

**Needs:** Permanent lease abatement for the use of senior service facilities.

### Jewish and Family Services-Silicon Valley

**Provides:** n/a

**Needs:** JFS SV has indicated it is willing to participate in policy development that supports older adults. Susan Frazer, the CEO, sits on the Silicon Valley Council of Non-Profits as the representative for older adults. The Center for Aging and Caregiver Services is part of JFS SV's strategic plan. They also have a finance team, leadership team, advisory committee, and board of directors. They should be requested to participate in assisting in integrating governance.

JFS SV also should be requested to assist with developing diversified funding for services and with accountability (as they occasionally create and utilize satisfaction surveys and regular audits to improve older adult services).

### SASCC:

**Provides:** SASSC's efforts include community assessment surveys for older adults as well as proposals submitted in response to the town's allocation of ARPA funds, based upon the assessed level of need for older adults. The survey helped in establishing a baseline and continuing understanding of the needs of older adults in Los Gatos.

**Needs:** n/a