



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
June 22, 2021
110 East Main Street
LOS GATOS, CA
5:00 p.m.

George Rossmann, Chair
Laura Kramer Rahmil, Vice Chair
Jeffrey P. Blum, Commissioner
Dick Konrad, Commissioner
Lydia Norcia, Commissioner
Arshia Mathur, Youth Commissioner
Commissioner – Vacant
Council Liaison - Vice Mayor Rennie

**IMPORTANT NOTICE REGARDING THE JUNE 22, 2021 COMMUNITY HEALTH AND SENIOR
SERVICE COMMISSION MEETING**

This meeting is being conducted utilizing teleconferencing and electronic means consistent with State of California Executive Order N-29- 20 dated March 17, 2020, regarding the COVID- 19 pandemic. **In accordance with Executive Order N-29- 20, the public may only view the meeting teleconference and not in the Council Chamber.**

PARTICIPATION

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join. [https://losgatosca-
gov.zoom.us/j/89461735091?pwd=Q284enVjdIR6dHc0MmpEeHUwWIM1dz09](https://losgatosca.gov.zoom.us/j/89461735091?pwd=Q284enVjdIR6dHc0MmpEeHUwWIM1dz09)

Passcode: 374159

Or Telephone:

Dial:

USA 636 651 0002 US Toll

USA 877 336 1829 US Toll-free

Conference code: 986172

During the meeting:

- When the Chair announces the item for which you wish to speak, click the “raise hand” feature in Zoom. If you are participating by phone on the Zoom app, press *9 on your telephone keypad to raise your hand. If you are participating by calling in, press #2 on your telephone keypad to raise your hand.
- When called to speak, please limit your comments to three (3) minutes, or such other time as the Chair may decide, consistent with the time limit for speakers at a Council meeting.

If you are unable to participate in real-time, you may send an email to PublicComment@losgatosca.gov with the subject line “Public Comment Item #__” (insert the item number relevant to your comment) or “Verbal Communications – Non Agenda Item.” Comments will be reviewed and distributed before the meeting if received by 3:00 p.m. on the day of the meeting. All comments received will become part of the record. The Chair has the option to modify this action on items based on comments received.

REMOTE LOCATION PARTICIPANTS

The following Commission Members are listed to permit them to appear electronically or telephonically at the Community Health and Senior Services Commission meeting: Commissioner George Rossmann, Commissioner Kramer Rahmil, Commissioner Blum, Commissioner Konrad, Commissioner Norcia, Youth Commissioner Mathur, and Vice Mayor Rennie (Council Liaison). All votes during the teleconferencing session will be conducted by roll call vote.

MEETING CALLED TO ORDER

ROLL CALL

COMMISSIONER REPORTS

CONSENT ITEMS (TO BE ACTED UPON BY A SINGLE MOTION)

1. Approve Community and Senior Services Commission Minutes of June 8, 2021 (Attachment 1)

VERBAL COMMUNICATIONS *(Members of the public may address the Community Health and Senior Services Commission on any matter that is not listed on the agenda consistent with the Participation instructions contained on page 1 of this agenda. Unless additional time is authorized by the Community and Senior Services Commission, remarks shall be limited to three minutes.)*

OTHER BUSINESS *(Up to three minutes may be allotted to each speaker on any of the following items consistent with the Participation instructions contained on page 1 of this agenda.)*

2. Discussion of Town Council FY 2021/23 Strategic Priorities, CHSSC Goals for FY 2020/21, and Identification of Senior Service Gaps
 - a. Senior Service Assessment Council Direction (Attachment 2)
 - b. Town Council Staff Report (Attachment 3)
 - c. LGS Rec Initial Proposal (Attachment 4)
3. Staff Liaison Report
 - a. Updates from CHSSC partners
 - b. Update from staff liaison

ADJOURNMENT

IN COMPLIANCE WITH THE AMERICANS WITH DISABILITIES ACT, IF YOU NEED SPECIAL ASSISTANCE TO PARTICIPATE IN THIS MEETING, PLEASE CONTACT THE CLERK DEPARTMENT AT (408) 354-6834. NOTIFICATION 48 HOURS BEFORE THE MEETING WILL ENABLE THE TOWN TO MAKE REASONABLE ARRANGEMENTS TO ENSURE ACCESSIBILITY TO THIS MEETING [28 CFR §35.102-35.104]



DRAFT
MINUTES OF THE COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
SPECIAL MEETING
June 8, 2021

The Community Health and Senior Services Commission of the Town of Los Gatos conducted a Special Meeting on Tuesday, June 8, 2021, at 5:03 p.m.

MEETING CALLED TO ORDER

ROLL CALL

Present: Commissioner Mathur, Commissioner Norcia, Commissioner Rossmann and Commissioner Konrad

Absent: Commissioner Blum, Commissioner Rahmil

Also Present: Vice Mayor Rennie, and Liaison Andrews

COMMISSIONER REPORTS

None

CONSENT ITEMS (TO BE ACTED UPON BY A SINGLE MOTION)

1. Approve Community and Senior Services Commission Minutes of May 25, 2021

MOTION: Motion by Commissioner Norcia to approve the minutes of May 25, 2021. Seconded by Commissioner Mathur

VOTE: Motion passed unanimously.

VERBAL COMMUNICATIONS *(Members of the public may address the Community and Senior Services Commission on any matter that is not listed on the agenda. Unless additional time is authorized by the Community and Senior Services Commission, remarks shall be limited to three minutes.)*

None

OTHER BUSINESS *(Up to three minutes may be allotted to each speaker on any of the following items.)*

2. Discussion of Town Council FY 2021/23 Strategic Priorities, CHSSC Goals for FY 2020/21, and Identification of Senior Service Gaps
 - a. CHSSC Senior Service Provision Final Review

Liaison Andrews introduced the staff report and the addition of the short-term and long-term issues identified at the last Commission meeting. Chair Rossmann introduced his thoughts and additions to the list of issues. Chair Rossmann shared that he thought a unique senior publication should be developed as opposed to leveraging any existing publications. Chair Rossmann shared that a review of the existing LGS Rec business model should be reviewed in relation to other senior service business models. Commissioner Norcia inquired about changes to the C.A.R.E. program and requiring the individual or a family member to request the service. Commissioner Konrad commented that the Town should create positions within the Town to manage senior service coordination. Commissioner Norcia suggested that the Federal Grants Wire might be a useful tool for funding. Commissioner Mathur offered that the Youth Commission is always available to help with developing marketing materials.

Public Comment - LGS Rec stated that they are an exclusively fee-based organization with no subsidies. In addition, they commented that they do provide significant programming to seniors outside of the 55+ program. It was also clarified that LGS Rec doesn't provide senior programs rather all programs are open to all but they do provide senior services.

Vice Mayor Rennie inquired about the no subsidy comment and added that the support from the Town is probably inadequate. Vice Mayor Rennie also inquired about the additional costing schedule of services provided by LGS Rec.

Public Comment – LG Chamber commented that they are very supportive of the efforts of the Commissions work.

Commissioners acknowledged that there is general agreement around the identified issues but no single consensus around solutions to the issues. Liaison Andrews stated that the report to Council will list all of the Commissioner recommendations. Vice Mayor Rennie commented that he supported the idea to greatly increase volunteers in Town.

- b. Chair Rossmann Service Provider Data Collection
3. Staff Liaison Report
 - a. Updates from CHSSC partners

LGS Rec provided that they will be doing a modified optional drive through luncheon on July 14th.
 - b. Update from staff liaison

The meeting adjourned at 6:13 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the June 8, 2021 meeting as approved by the Community Health and Senior Services Commission.

Arn Andrews, Assistant Town Manager



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICE REPORT

MEETING DATE: 06/22/2021

ITEM NO: 2

DATE: June 18, 2021
TO: Community Health and Senior Service Commission
FROM: Arn Andrews, Commission Liaison
SUBJECT: Receive CHSSC Senior Service Assessment Council Direction

RECOMMENDATION:

Receive CHSSC Senior Service Assessment Council Direction.

DISCUSSION:

On June 15, 2021, the Town Council received the Community Health and Senior Service Commissions (CHSSC) assessment report on senior service provision in Los Gatos. The following table was provided in the report and illustrated the issues and options identified by the CHSSC for Council consideration.

Issue(s)		Short Term Proposal(s)	Long Term Proposal(s)
Communication/ Marketing	No dedicated budget or centralized senior communication in relevant mediums	<ul style="list-style-type: none">• Fund/Leverage distribution of SASCC "Outlook" publication• Leverage C.A.R.E. program	<ul style="list-style-type: none">• Develop longer range comprehensive marketing plan for available senior services
Facility	Existing facility not competitive with neighboring jurisdictions	<ul style="list-style-type: none">• Perform cosmetic updates (interior/exterior) to existing facility	<ul style="list-style-type: none">• Construction of new facility or complete renovation of existing facility• Establish 501c3 Senior Council to

PREPARED BY: Arn Andrews
Assistant Town Manager/Commission Liaison

Reviewed by: Town Manager

			initiate fundraising and awareness for a new senior center
Service Coordination and Centralization	Currently no centralized role for coordination among existing service provision	<ul style="list-style-type: none"> • Provide additional funding to LGS Rec toward senior service staffing • Provide funding to a new service provider • Create position(s) within the Town 	<ul style="list-style-type: none"> • Provide additional funding to LGS Rec toward senior service staffing • Provide funding to a new service provider • Create position(s) within the Town
Service Expansion	Due to Covid related budget impacts LGS Rec currently has 0.5 FTE dedicated to senior services	<ul style="list-style-type: none"> • Provide additional funding to LGS Rec toward senior service staffing • Provide funding to a new service provider 	<ul style="list-style-type: none"> • Maintain additional ongoing funding to LGS Rec and/or new service provider • Reestablish a senior program within the Town
Volunteer Opportunities	No centralized platform for senior volunteer opportunities	<ul style="list-style-type: none"> • Leverage CHSSC to identify and promote volunteer opportunities 	<ul style="list-style-type: none"> • Encourage LGS Rec or other service provider to recruit volunteers from their membership (Cupertino model)

At the conclusion of the Council discussion the following direction was provided to staff and the CHSSC.

- Council created a sub-committee to establish longer range goals for senior services in Town. The sub-committee would include the CHSSC, Councilmembers, service club representation, Chamber representation, service providers, and senior community leaders.
- Staff is to return to Council with a recommended list of composition of the sub-committee.
- Staff is to return to Council with a priority listing of potential CIP projects which could be completed with unallocated CIP funds. To what extent can improvements be made to the LGS Rec facility.
- The Council allocated \$500,000 in ARPA funding to address identified short-term needs in next 12 months.

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SUBJECT: CHSSC Senior Service Provision Review

DATE: June 3, 2021

- The CHSSC is to develop recommendations for Council on how to allocate the \$500,000 to create a more robust provision of senior services over the next 12 months.



**TOWN OF LOS GATOS
COUNCIL AGENDA REPORT**

MEETING DATE: 06/15/2021

ITEM NO: 20

DATE: June 9, 2021
TO: Mayor and Town Council
FROM: Laurel Prevetti, Town Manager
SUBJECT: Receive the Community Health and Senior Services Report on Senior Service Provision and Assessment Recommendations

RECOMMENDATION:

Receive the Community Health and Senior Services (CHSSC) Report on Senior Service Provision and Assessment Recommendations.

BACKGROUND:

In 2001 the Town launched a pilot senior services program with a dedicated Senior Center within the Neighborhood Center, a Senior Coordinator staff position, and funding for case management services. The Senior Center program remained as a part of the Community Services Department until 2009. In 2009, partially in response to budgetary constraints due to the recession, the Town partnered with Los Gatos-Saratoga Community Education and Recreation (LGS Rec) for the provision of senior services (Attachment 1). The partnership became fully operational in FY 2010/11, resulting in increased revenue and decreased staffing and operating costs.

As part of lease agreement (Attachment 2) with LGS Rec, the Town required that LGS Rec maintain and expand senior services at the Neighborhood Center. The lease stipulates that LGS Rec provision services/programs to include services/programs similar in scope to the following:

- Wednesday afternoon movies (once per month)
- Wednesday games program (weekly)
- Senior center dances (once per quarter)
- Bus trips (once per quarter)
- Senior Thanksgiving dinner (one per year)

PREPARED BY: Arn Andrews
Assistant Town Manager/CHSSC Liaison

Reviewed by: Town Manager and Town Attorney

BACKGROUND (continued):

- Senior picnic (one per year)
- Senior show (one per year)
- Senior Center newsletter (bi- monthly)
- Information and referral to other agencies (ongoing)
- Recreation classes will be expanded significantly as demand warrants. Examples include: language, arts and crafts, computer, and other special interest classes.

In addition to the arrangement with LGS Rec, the Town has traditionally funded other senior service provision through the annual community grant program. Of note, the Town provides grants for senior nutrition, senior day care services, and rent assistance.

On March 2, 2021, the Town Council held a joint session with the Community Health and Senior Service Commission (CHSSC) to hear the Commission's goals for the coming year. The Council indicated its strong interest in the work of the Commission in light of the inclusion of senior services as a new Council Strategic Priority for FY 2021-2023.

Councilmembers requested that the Commission review the current senior service provision in Town and help identify any gaps that exist in senior services. Councilmembers and Commissioners identified the following areas of service provision interest/concern for Commission review.

Communication and Information:

- Better identification/communication with seniors using media that seniors use (e.g., print)
- Increased centralized coordination among service providers (local, regional)

Housing:

- Move down housing options for seniors

Community Support and Health Services:

- Increased senior isolation due to COVID
- Need for a plan to assist seniors with the vaccination process

Social Participation:

- Low senior engagement/programming relative to other Santa Clara County cities
- Development of a state-of-the-art activity/community center

Civic Participation and Employment:

- Increase/leverage senior volunteer engagement in Town
- Dedicated staffing resources to supplement volunteers

BACKGROUND (continued):*Senior Plan Development:*

- Develop roadmap for implementation of senior services as a strategic priority
- Consideration of service provision business models in other communities

At the conclusion of the meeting, Mayor Sayoc appointed Vice Mayor Rennie to be a Council Liaison to the Commission and requested that the Commission report back to the Town Council on June 15, 2021.

DISCUSSION:

Since that time the Commission accelerated their meeting schedule to accommodate the Mayor's request to report back at the June 15, 2021, Town Council meeting. The Commission's work has focused on meeting with service providers to address the issues raised by the Town Council and Commission, understand existing service provision, review alternative business models, identify service gaps, and discuss potential recommendations to fill any gaps.

To date the Commission received presentations from the following service providers:

March 23, 2021 – Los Gatos Saratoga Recreation 55+, Live Oak Senior Nutrition

April 13, 2021 – West Valley Community Services, Saratoga Area Senior Coordinating Council

April 27, 2021 – Santa Clara County Department of Aging and Adult Services, Los Gatos Library

May 11, 2021 – City of Cupertino Senior Center

The table below summarizes the multitude of services provided by Commission presenters and other regional providers:

Service Provider	Food Assistance	Rent/Fin Assistance	Socialization And Events	Recreation and Education	Case Mgt	Other Assistance (tax, legal)
LGS Rec 55+	Yes	No	Yes	Yes	Yes	Yes
Live Oak Senior Nutrition	Yes	No	Yes	No	No	No
West Valley	Yes	Yes	No	No	Yes	Yes
Saratoga Area Senior Coordinating Council (SASCC)	Yes	Yes (directory)	Yes	Yes	Yes	Yes

Santa Clara County Dept Aging	Yes	Yes (directory)	No	No	Yes	Yes
Los Gatos Library	No	No	Yes	Yes	No	No
Cupertino Senior Center	Yes (during Covid)	Yes (directory)	Yes	Yes	Yes	Yes
Live Oak Adult Day Care	Yes	No	Yes	No	Yes	No
Sourcewise	Yes	Yes (directory)	No	No	Yes	Yes
Bay Area Older Adults	No	No	Yes	Yes	No	No

As the table illustrates, the Los Gatos senior community has access to a considerable regional ecosystem of senior and intergenerational service provision. In addition to reviewing existing services, the Commission researched the business models of other service providers as illustrated in the table below:

Business Model	LGS Rec 55+	SASCC	Campbell 50+	Los Altos 50+	Cupertino 50+
Membership	83 (5,418 since 2016)	2,000	1,100	1,500	1,500 (2,400 pre pandemic)
Membership Fee	\$25	\$25	\$25	\$30	\$23 - \$28 (Resident/Non)
Facility	Leased (Town subsidy)	City Owned/Funded	City Owned	City Owned	City Owned
Budget	\$100k	\$1.2M	\$771k FY21 \$503k FY22	\$393k	\$2.5M (includes \$350k discontinued case mgt program)
Funding	Subsidies from For Profit Arm	Grants, Fees, Subsidies, Donations	General Fund (GF) & Fees	GF & Fees	GF & Fees
Staffing	0.5 FTE (1 Consultant)	5 FTE	2.29 FTE (3 FTE reduction FY22)	1.0 FTE, 3 PT	6.0 FTE, 15 PT
Publication	Yes/Email (weekly)	Yes/Print & Email (monthly)	Yes/Print & Email (quarterly)	Yes/Print & Email (bi-monthly)	Yes/Mail & Email (bi-monthly)

Transportation	RYDE Eligible	Yes/RYDE Program	RYDE Eligible	Yes/On The Move Program	RYDE Eligible
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DISCUSSION (continued):

On May 25, 2021 and June 8, 2021, the CHSSC reviewed the information received from service providers, discussed elements of the data presented, received feedback from Council Liaison Rennie, heard public testimony, and initiated discussions of potential senior service provision recommendations for Town Council consideration. The Commission acknowledged that certain recommendations could have budgetary constraints and may require separate short and long-term proposals. Of note, the Commission and Council liaison recognized the significant difference in dedicated funding toward senior services relative to peer organizations and agencies. It should also be noted that while the Commission had general consensus regarding the identified issues, Commissioners had a spectrum of proposals to ameliorate the issues identified. The following table illustrates the areas identified by the Commission for Council consideration.

Issue(s)		Short Term Proposal(s)	Long Term Proposal(s)
Communication/Marketing	No dedicated budget or centralized senior communication in relevant mediums	<ul style="list-style-type: none"> • Fund/Leverage distribution of SASCC "Outlook" publication • Develop and fund a unique Los Gatos senior publication • Leverage Caring About Resident Elders (C.A.R.E.) program • Increase market awareness through a variety of marketing experimentation • Leverage Youth Commission social media skills 	<ul style="list-style-type: none"> • Develop longer range marketing plan for available senior services based on acceptance of marketing experimentation

Facility	Existing facility currently supports limited dedicated senior activity and is not competitive with neighboring jurisdictions facilities	<ul style="list-style-type: none"> • Perform cosmetic and functional updates (interior/exterior) to existing facility • Explore partnering with newer existing facilities in Town to volunteer space 	<ul style="list-style-type: none"> • Construction of new facility or complete renovation of existing facility • Establish 501c3 Senior Council (or other exploratory body) to initiate fundraising and awareness for a new senior center
Service Coordination and Centralization	Currently no centralized oversight for coordinating existing services	<ul style="list-style-type: none"> • Provide additional funding to LGS Rec toward senior service staffing • Provide funding to a new service provider • Create position(s) within the Town • Assess the strengths and weaknesses of current LGS Rec business model relative to others • Determine preferred senior service provision business model 	<ul style="list-style-type: none"> • Provide funding to whatever service provider solution is pursued
Service Expansion	Due to Covid related budget impacts LGS Rec currently has 0.5 FTE dedicated to senior services	<ul style="list-style-type: none"> • Provide additional funding to LGS Rec toward senior service staffing • Provide funding to a new service provider • Create program and position(s) within the Town 	<ul style="list-style-type: none"> • Provide funding to whatever service provider solution is pursued

Volunteer Opportunities	No centralized platform for senior volunteer opportunities	<ul style="list-style-type: none">• Leverage CHSSC to identify and promote volunteer opportunities• Leverage Community Based Organizations, schools, and Youth Commission	<ul style="list-style-type: none">• Encourage LGS Rec or other service provider to recruit volunteers from their membership
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CONCLUSION:

Council should review the CHSSC recommendations and provide any guidance to staff on areas for proposed implementation. Based on the areas identified for implementation staff will return to Council with a detailed implementation plan.

COORDINATION:

This staff report was coordinated with the Town Manager, Town Attorney, and Community Health and Senior Service Commission.

FISCAL IMPACT:

None at this time; however, Council's direction may have fiscal impacts.

ENVIRONMENTAL ASSESSMENT:

This is not a project defined under CEQA, and no further action is required.

Attachments:

1. 2009 Staff Report
2. LGS Rec Lease Agreement
3. Public Comment Received by 11:00 a.m. June 10, 2021



On behalf of LGS Recreation, we appreciate the opportunity to share our agency efforts and intentions for the future. Our goal continues to be rooted in the service of our aging community and provision of programs to enrich and improve quality of life. Our current business model was never meant to be profitable, nor can it be sustained under the current situation. We rely solely on the revenue of our adult programs to fund our 55 Plus services. We do not have the luxury of Town or City's general fund to support our programs and operations. One of the first and immediate relief is releasing and permanently waiving our fees for both the adult and youth recreation centers.

Attached is a revised high-level slide deck presentation of the LGS Recreation 55 Plus program that has been previously shared. Please note the refined price model on slides 3-6 as this model both short-term and long-term goals with the provision of operational, facility, or other support. If there are additional areas of need, we are more than willing to explore those as well.

Since the March 23 presentation, a lot has changed, and we've noticed a few errors and discrepancies on the CHSSC meeting notes for May 25, 2021 that we would like to be revised and amended. On page 33, one of the bullet points states that we have low senior engagement/programming relative to other Santa Clara cities. From March 15, 2020 – May 2021, we had over 93 online and in-person classes with 425 participants with an average age of 61. The business model shown on page 34 states that we do not have fee-based programs. This is not true. All 93 of our adult classes are fee-based classes. Also, to clarify that email and Robly is our only form of communication due to the pandemic. Prior to that, we've sent out a monthly printed newsletter, and our agency publishes 3 brochures a year reaching over 110K community members. On page 36, George Rossman incorrectly stated that Los Gatos 55+ is practically invisible to its potential service base under marketing. LGS Recreation has a very strong and active social media present. If you go to our Facebook page, you can see there's a post every day about all our programs and offerings. Within the last 30 days (Mid-April and Mid-May), we've reached over 24K people and had over 2K post engagements. During that same time frame, we've posted over 115 videos primarily physical fitness and health activities directed at our 55 Plus community.

I remain a consistent advocate for community and financial support of the 55 Plus Program and was a grant recipient from the Town of Los Gatos and El Camino Hospital before the pandemic hit. Grant support and subsidization is essential for the quality, quantity, and success of senior service programs. As an Agency, we have continued to provide quality programs and services to thousands of community members with limited resources, funding, and facility constrictions. With the Town support for space utilization, we may be able to increase the reach of our mental and behavioral support as well as wellness checks. We are deeply committed to what we do and will continue to work to serve our community in the most impactful ways possible.

All of us now realize more than ever the importance of living a healthy lifestyle that includes social and emotional balance. It all starts with leveraging your resources and opportunities to build communities. One cannot do this alone and financial resources and many helping hands are a necessity. As the expression goes "many hands make light work". We now have an opportunity to share in a collaborative vision and collectively move services and our community forward.

Sincerely,

Trinh D. Nguyen, M.A. NASM-CPT
Adult and 55 Plus LGS Recreation Coordinator

LGS Recreation: 55 Plus Program

Serving the community since 1956



LGS | RECREATION



55 Plus Program: Our Reach

Senior services are inclusive with something for everyone.
Not all senior services require a 55 Plus membership.

- Agency publishes 3 brochures a year – over 110K distributed
- Senior Center newsletter/membership – expanded to a weekly email letter to over 300 members and partners since the pandemic
- Adult programs – We have over 100 independent instructors teaching over 1200 classes annually and more than 3500 participants over the age of 50, not including expansive Aquatics, Vasona Boating, Special Events and 55 Plus programs. Programs are offered both virtually and in-person.
- Agency financial model is fee-based programs; no subsidy received. Profitable programs offset free programs and services provided.



Initial Vision:

With additional support and resources, LGS Recreation will expand upon current offerings and services, diversify programs with current facilitators, strengthen foundations of collaboration, and provide specialized care.

\$100K Town Support –

- Restore Coordinator FTE to ensure support/resources for 55 Plus services.
- Funding for Lynnette Vega (or equivalent) facilitated programs to increase level of engagement.

\$200K Town Support -

- Increase FTE of supporting administrative staff, min. 1.0 for a single staff or .5 for two staff. Two or more full time are ideal.
- Expand support services to multiple meetings per week and diversify offerings
- Offer Wednesday Game Day multiple days a week and expand into Bingo
- Return Social Luncheon program – a social and support group that ceased in 2019 due to funding restrictions.
- Return services to mountain community, ceased in 2019 due to funding restrictions.

\$300K Town Support-

- Reestablish recruitment and management of volunteers.
- Town of Los Gatos employee(s) - Assign part-time Recreation Coordinator equivalent to support senior services efforts and serve as a liaison.



Initial Vision

\$400K Town Support –

- Deepen our relationship with local colleges to offer more services/classes
- Dedicated medical professional (pharmacist or a nurse to administered wellness checks and the seasonal flu shots).

\$500K Town Support –

- Collaborate with travel agencies and local vendors to offer travel shows both national and international.
- A dedicated liaison for various social services and case management.
- Expand upon food service and delivery with Live Oak Nutrition.
 - With additional LGS staff support and/or facility access, the program and partnership could expand to serve more meals and more seniors each week.
- Expand frequency and quality of special events and workshops such as social dances and concerts.
- Expand upon specialized programs by working more extensively with local hospitals to bring clinic-to-community rehabilitation based-programs/services.
 - Strengthen MS aquatic program currently in development.
 - Develop programs for those with Alzheimers/Dementia. Special certifications required.



Long Term Vision

Our intention is to become a state-of-the-art Senior Center where older adults are compelled to attend daily activities, special events, presentations, receive health and wellness services and advice, connect individuals to healthcare and community services, and more. With additional operational and facility support and resources, we aim to launch:

\$600K Town Support –

- Subsidize 55 Plus program and Senior Services staff to more fully support and expand existing operations.
- Develop intergenerational programs.

\$700K Town Support-

- Addition of 2 Recreation Leader Equivalent staff to fully support specific program areas as assigned.
- Duties may include Adult Trips, Marketing and Outreach, Event Planning, volunteer recruitment and management.

\$800K Town Support -

- A majority of Senior Centers employ a team of staff of 5 employees or more. Operational support will ensure free and low-cost program expansion.

\$900K Town Support –

- A dedicated computer lab with technology classes.

\$1M+ Town Support –

- A dedicated fitness center with fitness professionals.
 - Can prescribe evidence-based exercise routines for preventative and rehabilitative care.
 - A cornerstone of a robust Senior Center in most cities.



New Building/Renovation

Our intention is to become a state-of-the-art Senior Center where older adults are compelled to attend daily activities, special events, presentations, receive health and wellness services and advice, connect individuals to healthcare and community services, and more. With additional operational and facility support and resources, we aim to launch:

NEW Building

- A Tri-level building with underground parking. Extend the building out to the current parking area to double the size of the current building.
 - First floor – a dedicated fitness center with showers/locker rooms. A few large rooms dedicated for meeting spaces and fitness classes.
 - Second floor – A few dedicated rooms for adult enrichment classes, activities and events.
 - Third floor – Dedicated admin staff offices and meeting spaces.
- A dedicated computer lab with technology classes.

Renovation

- New sprung hardwood flooring for the entire building.
- New lights for the the entire building.
- Upgrade IT connection for the entire building.
- A room divider for configurable space.



Looking forward:

- Program goals directly align with the Commission goals. Staff have been involved in development and suggestion of programs to include:
 - Outreach to local hospitals and health care providers to become more aware of public health issues.
 - Advance goals of the Los Gatos Age Friendly Initiative, by focusing on social bridging for isolated seniors, expanding efforts to provide digital inclusivity, and expanding intergenerational opportunities.
 - Continue to join and develop coalitions of mutual benefit. Continue to work with professional organizations and community partners including other senior centers and as part of the Older Adults Recreation Services (OARS).
 - Continue to participate in annual community grant process/assessments and strive to align with Commission and grant awardee goals.
- If given the authority and opportunity, LGS Recreation will coordinate efforts of ALL community partners serving the aging community.
 - Recommendation to create a strategy and inventory of local services, identify gaps, and move forward collectively to meet expanding needs within the community.
 - Engage with community partners to collectively market and spread the news of the incredible work we are all doing.

Questions / Comments

