



**TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
REGULAR MEETING
FEBRUARY 22, 2022
TELECONFERENCE
5:00 P.M.**

*Dick Konrad, Chair
George Rossmann, Vice Chair
Jeffrey P. Blum, Commissioner
Arshia Mathur, Youth Commissioner
Elanor Yick, Commissioner
Commissioner – Vacant
Commissioner – Vacant*

IMPORTANT NOTICE REGARDING THE FEBRUARY 22, 2022 COMMUNITY HEALTH AND SENIOR SERVICE COMMISSION

This meeting is being conducted utilizing teleconferencing and electronic means consistent with Government Code Section 54953, as Amended by Assembly Bill 361, in response to the state of emergency relating to COVID-19 and enabling teleconferencing accommodations by suspending or waiving specified provisions in the Ralph M. Brown Act (Government Code § 54950 et seq.). Consistent with AB 361 and Town of Los Gatos Resolution 2021-044 this meeting will not be physically open to the public and the Council and/or Commissioners will be teleconferencing from remote locations. Members of the public can only participate in the meeting by joining the Zoom webinar (log in information provided below).

PARTICIPATION

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join. <https://losgatosca.gov.zoom.us/j/86565394196?pwd=QS9kZ2JYSIZJVUzRWFpdUZCa1Z3QT09>

Passcode: 163576

Or Telephone:

Dial:

USA 636 651 0002 US Toll

USA 877 336 1829 US Toll-free

Conference code: 986172

During the meeting:

- When the Chair announces the item for which you wish to speak, click the “raise hand” feature in Zoom. If you are participating by phone on the Zoom app, press *9 on your telephone keypad to raise your hand. If you are participating by calling in, press #2 on your telephone keypad to raise your hand.
- When called to speak, please limit your comments to three (3) minutes, or such other time as the Chair may decide, consistent with the time limit for speakers at a Council meeting.

If you are unable to participate in real-time, you may send an email to PublicComment@losgatosca.gov with the subject line "Public Comment Item #___" (insert the item number relevant to your comment) or "Verbal Communications – Non Agenda Item." Comments will be reviewed and distributed before the meeting if received by 3:00 p.m. on the day of the meeting. All comments received will become part of the record. The Chair has the option to modify this action on items based on comments received.

RULES OF DECORUM AND CIVILITY

To conduct the business of the community in an effective and efficient manner, please follow the meeting guidelines set forth in the Town Code and State law.

The Town does not tolerate disruptive conduct, which includes but is not limited to:

- addressing the Town Council without first being recognized;
- interrupting speakers, Town Council or Town staff;
- continuing to speak after the allotted time has expired;
- failing to relinquish the microphone when directed to do so;
- repetitiously addressing the same subject.

Town Policy does not allow speakers to cede their commenting time to another speaker. Disruption of the meeting may result in a violation of Penal Code Section 403.

REMOTE LOCATION PARTICIPANTS

The following Commission Members are listed to permit them to appear electronically or telephonically at the Community Health and Senior Services Commission meeting: Commissioner Rossmann, Commissioner Blum, Commissioner Konrad, Commissioner Yick, and Youth Commissioner Mathur. All votes during the teleconferencing session will be conducted by roll call vote.

MEETING CALLED TO ORDER

ROLL CALL

COMMISSIONER REPORTS

CONSENT ITEMS (TO BE ACTED UPON BY A SINGLE MOTION)

1. Approve Community and Senior Services Commission Minutes of January 25, 2022 - Attachment 1

VERBAL COMMUNICATIONS *(Members of the public may address the Community and Senior Services Commission on any matter that is not listed on the agenda consistent with the Participation instructions contained on page 1 of this agenda. Unless additional time is authorized by the Community and Senior Services Commission, remarks shall be limited to three minutes.)*

OTHER BUSINESS (*Up to three minutes may be allotted to each speaker on any of the following items consistent with the Participation instructions contained on page 1 of this agenda.*)

2. Receive LGS Recreation 55+ Update
3. Discuss CHSSC Spring into Green Participation
4. Discuss CHSSC Goals for calendar year 2022.
 - a. Open discussion CHSSC 2022 Goals – Attachment 2

5. Staff Liaison Report
 - a. Updates from CHSSC partners
 - b. Update from staff liaison

ADJOURNMENT

IN COMPLIANCE WITH THE AMERICANS WITH DISABILITIES ACT, IF YOU NEED SPECIAL ASSISTANCE TO PARTICIPATE IN THIS MEETING, PLEASE CONTACT THE CLERK DEPARTMENT AT (408) 354-6834. NOTIFICATION 48 HOURS BEFORE THE MEETING WILL ENABLE THE TOWN TO MAKE REASONABLE ARRANGEMENTS TO ENSURE ACCESSIBILITY TO THIS MEETING [28 CFR §35.102-35.104]



DRAFT
MINUTES OF THE COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
MEETING
January 25, 2022

The Community Health and Senior Services Commission of the Town of Los Gatos conducted a Regular Meeting on Tuesday, January 25, 2022, at 5:02 p.m.

MEETING CALLED TO ORDER

ROLL CALL

Present: Commissioner Yick, Commissioner Rossmann, Commissioner Blum, Commissioner Mathur, and Chair Konrad

Absent: None

Also Present: Liaison Andrews

COMMISSIONER REPORTS

- Chair Konrad discussed his intentions as new Chair to run efficient meetings which conclude in about 1 hours' time.
- Chair Konrad met with representatives of the Senior Service Committee.
- Chair Konrad participated in the senior drive through.
- Chair Konrad participated in the Vision/Mission/Workplan Senior Service subcommittee.
- Chair Konrad met with the new 55+ coordinator for LGS Recreation.
- Commissioner Blum reported that he has articles scheduled to be printed in the Los Gatan Newspaper regarding Cannabis and mediation.
- Commission Blum also shared that the "Who We Are and What We Do" flyers have been distributed to the Library and LGS Rec.
- Commissioner Blum met with KCAT regarding their 55+ programming efforts.
- Commissioner Rossmann reported on the Master Plan for Aging forum and the first annual report for the first year of the Plan.
- Commissioner Rossmann shared some the health-oriented goals and action plans from the report.

- Commissioner Rossmann mentioned that the January Outlook publication had significant Los Gatos coverage.
- Commissioner Mathur shared that the Youth Commission was hosting a new resident luncheon.
- Commissioners provided introductions to each other.

CONSENT ITEMS (TO BE ACTED UPON BY A SINGLE MOTION)

1. Bay Area Older Adult Schedule – Attachment 1
2. Approve Community and Senior Services Commission Minutes of November 25, 2021 - Attachment 2

MOTION: Motion by Commissioner Blum to approve the Consent Items. Seconded by Commissioner Rossmann.

VOTE: Motion passed unanimously.

VERBAL COMMUNICATIONS *(Members of the public may address the Community and Senior Services Commission on any matter that is not listed on the agenda. Unless additional time is authorized by the Community and Senior Services Commission, remarks shall be limited to three minutes.)*

Opened Verbal Communications

- Tom Picraux thanked the CHSSC for the work and analysis they provided the past year which led to the creation of the Senior Service Committee, and he looks forward to the partnership. Mr. Picraux also provided background on the senior survey being conducted by the Committee.

Closed Verbal Communications

OTHER BUSINESS *(Up to three minutes may be allotted to each speaker on any of the following items.)*

3. Nominate Sourcewise representative – Attachment 3
 - Commissioner Rossmann volunteered to be the representative. Commissioners discussed the nomination.

MOTIONS: Motion by Chair Rossmann to nominate Commissioner Rossmann. Seconded by Commissioner Yick.

VOTE: Motion passed unanimously.

4. Discuss CHSSC Goals for calendar year 2022.
 - a. Open discussion CHSSC 2022 Goals – Attachment 4
 - Commissioners discussed the initial goals presented by Commissioner Blum and Chair Konrad.

- Commissioner Rossmann expressed his frustration with the process.
- Commissioner Yick commented she was impressed by the extent of services available in the area but surprised by how many she was unaware of.
- Commissioners discussed mental health services available in the area relative to other communities.
- Commissioners discussed potentially developing a report for Council outlining how to improve behavioral and mental health in Town.
- Commissioner Mathur discussed the evolution of mental health services at the High School.
- Commissioners discussed if all the proposed action items would be realistic in the coming year and perhaps tasks should be streamlined.
- Chair Konrad expressed interest in senior housing task and Commissioner Yick expressed interest in the central hub, grant review, and mental health report tasks.
- Commissioners decided to table the item until the next meeting and for Commissioners to provide goal and action recommendations prior to the next meeting.

Opened Public Comment – None

Closed Public Comment

5. Staff Liaison Report

- a. Updates from CHSSC partners - None
- b. Update from staff liaison – Apprised the Commission of the upcoming Council Strategic Priorities meeting

ADJOURNMENT

The meeting adjourned at 6:28 p.m.

This is to certify that the foregoing is a true

and correct copy of the minutes of the
January 25, 2022 meeting as approved by the
Community Health and Senior Services Commission.

Arn Andrews, Assistant Town Manager

DRAFT CHSSC 2022 GOALS & TASKS

GOAL	ORIGINAL TASK LIST	SUGGESTED EDITS	SUGGESTED EDITS
<p>1. INFORM, EDUCATE, AND EMPOWER LOS GATOS ABOUT PUBLIC HEALTH ISSUES, PARTICULARLY BEHAVIORAL AND MENTAL HEALTH, SUBSTANCE AND DOMESTIC ABUSE, AND SUICIDE PREVENTION</p>	<p>A. Prepare a report to the Town Council which identifies strategies to improve mental health in Los Gatos.</p> <ul style="list-style-type: none"> • establish a relationship with a local healthcare provider to promote community health. • do outreach to CASSY and High School to become more effective in dealing with mental health, abuse, and suicide prevention. <p>B. actively participate in the development and execution of the health fair to be held in september. work with sascc, chamber, youth commission, and 55 plus.</p> <p>C. work with lgs rec and 55 plus to help disseminate public health information.</p> <p>D. write articles on community health and senior services in local publications.</p> <p>E. fill the vacant position on sourcewise for the town and solicit local residents to apply for the open county district 1 position.</p>	<p>A. Prepare a report to the Town Council which identifies strategies to improve mental health, ameliorates substance and domestic abuse prevention and also ameliorates suicide prevention in Los Gatos.</p> <ul style="list-style-type: none"> • establish a relationship with a local healthcare provider to assist in accomplishing the foregoing goals. • do outreach to CASSY and High School to become more effective in dealing with the foregoing areas of concern. <p>B. actively participate in the development and execution of the health fair to be held in september. work with sascc, chamber of commerce, youth commission, and 55 plus to accomplish this goal.</p>	<p>A. Prepare a report to the town council which identifies strategies to improve behavioral and mental health in los Gatos.</p> <ul style="list-style-type: none"> • <u>engage El Camino Health, CASSY, local therapists, Next Door Solutions, and the Police Department in defining a more effective mental health response program for Los Gatos.</u>

DRAFT CHSSC 2022 GOALS & TASKS

<p>2. CONTINUE ADVANCING THE GOALS OF THE LOS GATOS AGE FRIENDLY INITIATIVE</p> <ul style="list-style-type: none"> • Social events • Emergency preparedness training • Infographic for senior services • Additional senior transportation 	<p>A. support the efforts of the senior committee by providing inputs on ongoing activity and ideas to enhance their goals.</p> <p>B. encourage the development of a central hub of information on community health and activities for seniors.</p>	<p>A. Provide inputs to the senior committee on ongoing activities and ideas to enhance their goals.</p> <p>B. Research and develop a central hub of information on community health and activities for seniors.</p>	<p>B. Foster the development of a central hub of information for seniors on public health issues, services, programs, and social activities .</p>
<p>3. CONTINUE TO FORM MUTUALLY BENEFICIAL COALITIONS WITH OTHER SERVICE PROVIDERS/ORGANIZATIONS</p>	<p>A. continue to participate in state and county activities and capitalize on any initiative related to our goals.</p> <p>B. establish contact with the planning commission to encourage senior housing.</p> <p>C. continue to work with service clubs to provide volunteers to service providers.</p> <p>D. encourage new activities for seniors through 55 plus.</p> <p>E. participate in senior drive throughs.</p>	<p>A. Participate in state and county activities (specify which activities we have in mind) and capitalize on any initiatives related to our goals.</p> <p>B. Encourage senior housing availability.</p> <p>B. Attend meetings and establish contact with the planning commission to encourage senior housing.</p> <p>C. Identify and publicize needs of service providers</p>	<p>B. Explore options to encourage senior housing development with the Planning Commission.</p> <p>C. continue to work with service clubs to recruit volunteers for service providers.</p> <p>C. Work with service clubs to solicit and provide volunteers to service providers.</p> <p>D. encourage new activities for seniors through 55 plus. (Doesn't this belong under promote the age friendly</p>

DRAFT CHSSC 2022 GOALS & TASKS

		<p>for volunteers .</p> <p>D. Identify via the survey and explore providing new activities for seniors through 55 plus.</p>	<p>initiative goal?)</p> <p>E. participate in and assist with senior drive throughs.</p> <p>F. Solicit local residents to apply for the District 1 position on Sourcewise</p>
<p>4. IMPROVE AWARENESS OF CHSSC VIA INCREASED PUBLIC OUTREACH</p>	<p>A. annually report our activities and findings to the town council.</p> <p>B. participate in local fairs and events.</p> <p>C. use kcat to promote the goals of the commission.</p> <p>D. solicit new members to fill the commission roster.</p>	<p>C. use kcat to promote the goals of the commission and support senior access and involvement.</p> <p>E. Publicize the commission in the Outlook (meetings, goals, need for members), other local papers, and social media sites</p>	<p>E. Write articles on community health and senior services in local publications.</p>
<p>5. PARTICIPATE IN ANNUAL COMMUNITY GRANT PROCESS</p>	<p>A. commission representation on the grant review panel.</p> <p>B. review applications of service provider grants awarded for public health and senior services.</p> <p>C. perform assessment of grantees.</p>	<p>A. Have commission representation on the grant review panel.</p> <p>B. review applications of service provider grants awarded for public health and senior services.</p> <p>C. perform assessment of grantees.</p>	<p>B. review applications for one time grants, innovation grants, and sustaining grants.</p> <p>C. perform an assessment of the recipients of sustaining grants.</p>